

Your Employee Benefit Guide to Health & Wellness 2021-22

WHAT'S INSIDE

CONTRIBUTION RATES ELIGIBILITY & ENROLLMENT	1 2
EMPLOYEE NAVIGATOR PORTAL INSTRUCTIONS	3
HEALTH INSURANCE	6
DDEVENTIVE OADE	
PREVENTIVE CARE PREVENTIVE MEDICATION LISTS	7
PREVENTIVE SERVICES	11
DENTAL INSURANCE	18
VISION INSURANCE	20
HEALTH SAVINGS ACCOUNTS	21
HEALTH SAVINGS ACCOUNTS	21
FLEXIBLE SPENDING ACCOUNTS	23
DISABILITY INSURANCE	25
LIFE INSURANCE	26
ACCIDENT & CRITICAL ILLNESS	28
EMPLOYEE ASSISTANCE PROGRAM	30
WELLWORKS FOR YOU	31
NOTICES	32
HIPAA PRIVACY NOTICE NEWBORN'S & MOTHERS HEALTH PROTECTION ACT	32 36
WOMEN'S HEALTH & CANCERS RIGHTS ACT	36
WHAT IS COBRA?	36
HIPAA SPECIAL ENROLLMENT NOTICE PREMIUM ASSISTANCE UNDER MEDICAID & THE CHILDREN'S HEALTH INSURANCE PROGRAM	37 38
TREINITON ASSISTANCE UNDER MEDICALD & THE CHIEDREN STILALITH INSURANCE PROGRAM	30
SUMMARY OF BENEFITS & COVERAGE	41
CONTACTLIST	12

EMPLOYEE CONTRIBUTION RATES

EFFECTIVE OCTOBER 1, 2021

Employee Per Paycheck Cost (24 Paychecks)	Employee	Employee & Spouse	Employee & Child	Employee & Children	Employee & Family
PacificSource Health Plans	Pre-Tax				
PPO Base	\$62.19	\$133.59	\$88.25	\$119.30	\$177.05
PPO Wellness	\$36.25	\$97.45	\$58.59	\$85.20	\$134.71
HSA Base	\$46.51	\$93.65	\$61.88	\$83.66	\$124.13
HSA Wellness	\$22.83	\$61.40	\$35.40	\$53.22	\$86.34
Delta Dental of Idaho	Pre-Tax				
	\$2.50	\$5.00	\$5.00	\$5.00	\$7.50
Willamette Dental Group		P	re-Tax		
	\$2.50	\$5.00	\$5.00	\$5.00	\$7.50
United Heritage Vision	Pre-Tax				
	\$0.00	\$2.70	\$3.09	\$3.09	\$6.52
Accident	Post-Tax				
	\$6.49	\$10.24	\$10.89	\$10.89	\$17.14

Please see page 27 for the Voluntary Life/AD&D Rate Table and page 29 for the Critical Illness Rate Table.

WORKING SPOUSE PREMIUM SURCHARGE

If your spouse has group health coverage available through his/her employer and chooses to enroll in the Bonner County medical plan, a Working Spouse Premium Surcharge of \$75 per month will apply.

For those enrolling in the HSA medical plan, Bonner County will contribute the following amounts to your Health Savings Account (Note: If you participate in the Wellness Program, the County will fund more into your HSA!):

Bonner County Health Savings Account Contribution Strategy 2021-2022	CONTRIBUTION AMOUNT PER YEAR	
Individual HSA Funding (\$2,000 HSA plan)	Non Wellness	Wellness
	\$1,500	\$1,800
Family HSA Funding (\$2,800 HSA plan)		
	\$2,500	\$2,800

Any employee that does not complete requested identity verification steps for their H.S.A Bank account within 60 days of becoming eligible forfeits the Bonner County employer funding.

The employee is responsible for ensuring their total annual contribution into their H.S.A Bank account, including the amount contributed by Bonner County, does not exceed the annual IRS contribution maximums as outlined on page 21.

Please refer to page 21 for more information on HSA contributions and eligible expenses.

ELIGIBLITY & ENROLLMENT

ELIGIBILITY:

All eligible employees working at least 20 hours per week are qualified for group insurance benefits.

If your spouse or any dependent child also work for Bonner County and are eligible for benefits, you each must enroll separately as an employee.

You can also enroll the following eligible dependents in the medical, dental, vision and dependent life coverage:

- Your legal spouse
- Your dependent children up to the age of 26, including step-children, adopted children, children placed with you for adoption, children for whom you are a legal guardian (up to age 19), foster children

Coverage may be extended to a child named in a Qualified Medical Child Support Order or to a physically or mentally disabled child if the disability occurs before the child reached age 26.

- If you are hired the 1st—15th of the month you will be effective the first of the month following date of hire.
- If you are hired the 16th—last day of the month you will be effective the first of the month following 30 days from your date of hire.

MAKING ENROLLMENT CHANGES DURING THE YEAR:

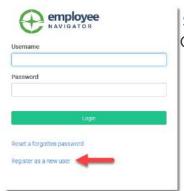
One you enroll—either as a new hire or during open enrollment—your elections generally stay in effect for the rest of the plan year unless you have a qualifying event that immediately affects your benefit coverage. Examples of qualifying events include:

- Change in martial status;
- Change in number of dependents, birth, adoption, or placement for adoption;
- Change in employment status;
- Dependent satisfies or ceases to satisfy dependent eligibility requirements;
- Residence change; and
- Gain or loss of eligibility for Medicaid or Children's Health Insurance Program.

Please contact HR immediately if you have a status change that could affect your enrollment options.

Employee Navigator Enrollment Portal





Step 1: Register (Re-registration may be required!) Go to https://employeenavigator.com/benefits/Account/Login

- Returning users: If you have logged into Employee Navigator before, please log in with your current username & password.
- First time users: Click on your Registration Link in the email sent to you by your admin or **Register as a new user.** Create an account, and create your own username and password.
- · COMPANY ID: BonnerCounty

Step 2: Welcome!

After you login click Start Enrollment.

TIP:

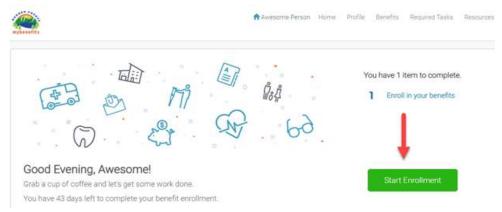
If using Passive Enrollment,

click Complete HR Task to

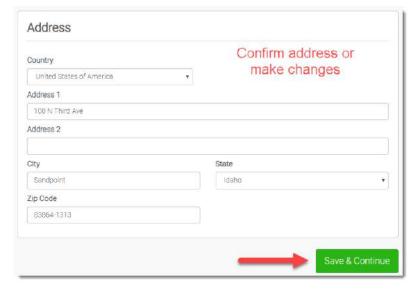
acknowledge rather

than Start

Enrollment!



Step 3: Update / Confirm Address

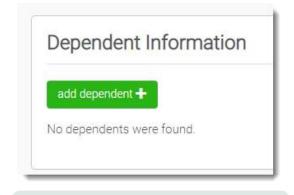


Step 5: Benefit Elections

To enroll dependents in a benefit, click the checkbox next to the dependent's name under **Who am I enrolling?**

Below your dependents you can view your available plans and the cost per pay. To elect a benefit, click **Select Plan** underneath the plan cost.

Step 4: Add Dependents



TIP

Have dependent details handy. To enroll a dependent in coverage you will need their date of birth and Social Security number.





Progress Bar:

Green is complete

Yellow needs an election or a decline

Click **Save & Continue** at the bottom of each screen to save your elections.

If you do not want a benefit, click **Don't want this benefit?** at the bottom of the screen and select a reason from the drop-down menu.

Save & Continue

Don't want this benefit?

Step 6: Forms

If you have elected benefits that require a beneficiary designation, Primary Care Physician, or completion of an Evidence of Insurability form, you will be prompted to add in those details.

Step 7: Review & Confirm Elections

Review the benefits you selected on the enrollment summary page to make sure they are correct then click **Sign & Agree** to complete your enrollment. You can either print a summary of your elections for your records or login at any point during the year to view your summary online.



TIP

If you miss a step you'll see **Enrollment Not Complete** in the progress bar with the incomplete steps highlighted. Click on any incomplete steps to complete them.





You can login to review your benefits 24/7



small changes big REWARDS

SCHEDULE MY YEARLY F DATE:	PHYSICAL (PREVENTIVE VISIT)TIME:
SCHEDULE MY YEARLY L DATE:	DENTAL EXAMS (PREVENTIVE VISITS)TIME:
SCHEDULE MY YEARLY E DATE:	EYE EXAM (PREVENTIVE VISIT)TIME:

2021-2022 WELLNESS PROGRAM CHECKLIST

COMPLETE MY "KNOW YOUR NUMBERS" ON THE WELLNESS PORTAL		
COMPLETE MY BIOMETRIC SCREENING WITH LAB WORK		
COMPLETE MY ANNUAL WELLNESS EXAM		
COMPLETE MY TOBACCO ATTESTATION FORM & CLASSES (IF NECESSARY)		
SUBMIT MY COMPLETED FORMS TO WELLWORKS FOR YOU		
EARN MY PREMIUM DISCOUNT & HSA / HRA CONTRIBUTIONS!		

Wellworks For You:

www.wellworksforyoulogin.com forms@wellworksforyou.com (800)425-4657

NEW USER?

- Go to www.wellworksforyoulogin.com
- Click the link to creat an account as a new Member
- Enter the Company ID (can be found in the Wellness Program flier or you may contact HR)
- Complete the registration process

You can download and print the Wellness Forms from the website or you can contact HR at mybenefits@bonnercountyid.gov. *See page 31 for more information on the Wellness Program.*

HEALTH INSURANCE

A PPO Network medical plan allows you to see any provider without a physician referral. The level of benefits you receive is dependent upon your choice of an In-Network provider or an Out-of-Network provider. Significantly higher benefits will be received when you obtain care from an In-Network provider.

Bonner County recognizes that everyone has different medical benefit needs so they offer three medical plans through PacificSource Health Plans using their Voyager (PPO) Network. To find a provider, visit pacificsource.com/find-a-provider.

Plan Year Deductible: Amounts in excess of the allowed amount do not count toward the deductible. No one member will be required to meet more than the individual deductible amount toward the family deductible in a plan year before this plan begins to pay his/her covered services, and this plan will begin to pay the coinsurance percentage for all members' covered services when the family deductible is met.

The deductible starts over October 1st.

Plan Year Out-of-Pocket Maximum: Once your deductible has been satisfied, you will pay 20% while the plan pays 80% for In-Network covered services until you've reached your Out-of-Pocket Maximum at which time the plan will pay 100% for In-Network covered services.

The Out-of-Pocket Maximum starts over October 1st.

Modical Bonefit Description	Carran Plan	HSA \$2,000	HSA \$2,800
Medical Benefit Description In-Network Coverage Shown	Copay Plan	Individual Plan	Family Plan
Deductible	\$1,500 Ind / \$3,000 Fam	\$2,000	\$2,800 Ind / \$5,200 Fam
Coinsurance	20%	20%	20%
Out-of-Pocket Maximum (includes deductible)	\$6,250 Ind / \$12,500 Fam	\$5,000	\$5,000 Ind / \$10,000 Fam
Physician Office Visit (Primary/Specialist)	\$30 / \$45 Copay	Deductible + Coinsurance	Deductible + Coinsurance
Preventive Care Services	No Charge	No Charge	No Charge
Diagnostic X-ray & Laboratory	Deductible + Coinsurance	Deductible + Coinsurance	Deductible + Coinsurance
Urgent Care	\$30 Copay	Deductible + Coinsurance	Deductible + Coinsurance
Emergency Room	Deductible + \$100 Copay + Coinsurance	Deductible + Coinsurance	Deductible + Coinsurance
Rehabilitation In-Patient: 30 day limit per Calendar Year; Out-Patient: 30 day limit per Calendar Year	Deductible + Coinsurance	Deductible + Coinsurance	Deductible + Coinsurance
Hospitalization	Deductible + Coinsurance	Deductible + Coinsurance	Deductible + Coinsurance
Chiropractic Care—20 Visit Limit	Coinsurance Applies (Deductible Waived)	Deductible + Coinsurance	Deductible + Coinsurance
Prescription Drug Coverage (Retail)			
Dr. Dodrostiklo	\$250 Ind / \$500 Fam	Medical Deductible Applies	Medical Deductible Applies
Rx Deductible	(waived for Tier 1)	(Waived for Preventive RX)	(Waived for Preventive RX)
Tier 1	\$15 Copay	20%	20%
Tier 2	\$30 Copay	20%	20%
Tier 3	\$45 Copay	20%	20%
Tier 4	\$200 Copay	\$200 Copay	\$200 Copay
Maximum Day Cumply	Tier 1—3: 90 Days	Tier 1—3: 90 Days	Tier 1—3: 90 Days
Maximum Day Supply	Tier 4: 30 Days	Tier 4: 30 Days	Tier 4: 30 Days

Out of Area Benefits—First Choice Health Program

Individuals on the PacificSource plan are able to receive the In-Network level of benefits while traveling or living outside of Idaho. If you live or or traveling outside of ID, MT, OR or select WA counties (Clark, Cowlitz, Klickitat, Pacific, Skamania, and Wahkiakum) use one of these networks:

- ⇒ Alaska & Washington (except above noted counties): First Choice Network
- ⇒ All other states: First Health Network



PacificSource Preventive Drug List

The Preventive Drug List is included in our individual and small-group plans*, and is an optional benefit for large groups. With this new benefit, the drugs listed below are paid at 100 percent. This list is a separate benefit from preventative service drugs covered under the Affordable Care Act. A full list of covered drugs can be found on our website at PacificSource.com/drug-list.

Show your PacificSource ID card each time you purchase prescriptions at a participating pharmacy to ensure you're receiving the best benefit.

If you have questions, please email our Customer Service Department at cs@pacificsource.com, or call toll-free:

- (800) 688-5008 in Idaho
- (877) 590-1596 in Montana
- (888) 977-9299 in Oregon

Heart/Blood Pressure

- acebutolol HCL
- amiloride-HCTZ
- amlodipine besylate
- amlodipine besylatebenazepril
- atenolol
- atenolol- chlorthalidone
- benazepril HCL
- benazepril HCTZ
- bisoprolol fumarate
- bisoprolol-HCTZ
- bumetanide
- captopril
- chlorothiazide
- chlorthalidone
- clonidine HCL
- diltiazem ER
- diltiazem HCL
- enalapril maleate
- enalapril-HCTZ
- felodiprine ER
- fosinopril sodium
- fosinopril-HCTZ
- furosemide
- guanfacine HCL
- hydrochlorothiazide
- indapamide
- irbesartan

- irbesartan-HCTZ
- isradipine
- labetalol HCL
- lisinopril
- lisinopril-HCTZ
- losartan potassium
- losartan-HCTZ
- methyclothiazide
- metolazone
- metoprolol tartrate
- metoprolol-HCTZ
- moexipril-HCL
- nadolol
- nicardipine HCL
- nifedipine ER
- pindolol
- propranolol HCL
- propranolol-HCTZ
- quinapril HCL
- spironolactone
- spironolactone-HCTZ
- torsemide
- trandolapril
- triamterene-HCTZ
- valsartan-HCTZ
- verapamil ER
- verapamil ER PM
- verapamil HCL

Bone Health

• alendronate sodium

• ibandronate sodium

Cholesterol

- atorvastatin calcium
- lovastatin

- pravastatin sodium
- simvastatin

Diabetes

- glimepiride
- glipizide
- glipizide ER
- glipizide XL

- glipizide-metformin
- glyburide
- metformin HCL
- metformin HCL ER

Mental Health

- bupropion HCL
- carbamazepine
- citalopram HBR
- fluoxetine HCL
- imipramine HCL
- lithium carbonate
- nortriptyline HCL

- olanzapine
- paroxetine HCL
- quetiapine fumarate
- risperidone
- sertraline HCL
- venlafaxine HCL

*Except for the Oregon Standard Bronze, Silver, or Gold plans.



PacificSource Incentive Drug List

The Incentive Drug List is offered to select large employer groups. The drugs listed below are available for the incentive copay shown on your policy or pharmacy summary of benefits. This is a partial list of covered drugs, and includes only those offered at the incentive copay rate. A full list of covered drugs can be found on our website at **PacificSource.com/drug-list**.

If you are taking a drug for a chronic condition and the drug is not listed below, consider asking your doctor about switching to one of these incentive alternatives to reduce your out-of-pocket costs. Show your PacificSource ID card each time you purchase prescriptions at an in-network pharmacy to ensure you're receiving the best benefit.

Unless otherwise noted, incentive drugs are limited to short-acting drugs. Long-acting drugs, transdermal patches, suspensions, compounds, and injectable drugs are not typically on the Incentive Drug List.

If you have questions, please email our Customer Service Department at cs@pacificsource.com, or call toll-free:

- (800) 688-5008 in Idaho
- (877) 590-1596 in Montana

- (888) 977-9299 in Oregon
- (866) 556-1224 in Washington

Antidepressants

- bupropion SR, XL
- citalopram
- fluoxetine capsule
- imipramine
- nortriptyline

- paroxetine
- sertraline
- trazodone
- venlafaxine

Anticonvulsants

carbamazepine 200mg tab

Antidiabetic Agents

- glimepiride
- glipizide
- glipizide ER
- glipizide/metformin
- glyburide
- insulin syringes and needles
- metformin
- metformin ER

Antivirals

acyclovir

Mental Health

- lithium carbonate
- olanzapine
- quetiapine
- risperidone

Cholesterol Lowering Drugs-Hyperlipidemics

- atorvastatin
- fenofibrate
- gemfibrozil
- lovastatin
- pravastatin
- simvastatin

Blood Pressure Lowering and Cardiac Drugs – Antihypertensives

- acebutolol
- amiloride/HCTZ
- amlodipine
- amlodipine/benazepril
- atenolol
- atenolol/chlorthalidone
- benazepril
- benazepril/HCTZ
- bisoprolol
- bisoprolol/HCTZ
- bumetanide
- captopril
- chlorothiazide
- chlorthalidone
- clonidine
- diltiazem ER
- enalapril
- enalapril/HCTZ
- felodipine ER
- fosinopril
- fosinopril/HCTZ
- furosemide
- guanfacine
- hydrochlorothiazide (HCTZ)
- indapamide
- irbesartan

- isradipine
- labetalol
- lisinopril
- lisinopril/HCTZ
- losartan
- losartan/HCTZ
- methyclothiazide
- metolazone
- metoprolol ER
- metoprolol tartrate
- metoprolol/HCTZ
- moexipril
- nadolol
- nicardipine
- nifedipine ER
- pindolol
- propranolol
- propranolol/HCTZ
- quinapril
- spironolactone
- spironolactone/HCTZ
- torsemide
- trandolapril
- triamterene/HCTZ
- valsartan/HCTZ
- verapamil
- verapamil ER tablet

Endocrine/Thyroid

levothyroxine

8

Value Based Preventive Drug List - NEW!



With this benefit, the drugs listed below are covered at 100%.*

This list is a separate benefit from preventive drugs covered under the Affordable Care Act. A full list of covered drugs can be found at PacificSource.com/find-a-drug.

Show your PacificSource ID each time you purchase prescriptions at an in-network pharmacy to ensure you're receiving the best benefit.

If you have questions, please email our Customer Service team at cs@pacificsource.com, or call toll-free:

Idaho: 800-688-5008Montana: 877-590-1596

• Oregon: 888-977-9299

• Washington: 866-556-1224

• TTY 711

Asthma

- Arnuity Ellipta
- Flovent Diskus
- Flovent HFA
- Pulmicort FlexHaler
- Ovar RediHaler

Bone health

- alendronate sodium
- ibandronate sodium

Cholesterol

- atorvastatin calcium
- lovastatin

- pravastatin sodium
- simvastatin

Mental health

- bupropion HCL
- carbamazepine
- citalopram HBR
- fluoxetine HCL
- imipramine HCL
- lithium carbonate
- nortriptyline HCL

- olanzapine
- paroxetine HCL
- quetiapine fumarate
- risperidone
- sertraline HCL
- venlafaxine HCL

Heart/blood pressure

- acebutolol HCL
- amiloride-HCTZ
- amlodipine besylate
- amlodipine besylatebenazepril
- atenolol
- atenolol-chlorthalidone
- benazepril HCL
- benazepril HCTZ
- bisoprolol fumarate
- bisoprolol-HCTZ
- bumetanide
- captopril
- chlorothiazide
- chlorthalidone
- clonidine HCL
- diltiazem ER
- diltiazem HCL
- enalapril maleate
- enalapril-HCTZ
- felodiprine ER
- fosinopril sodium
- fosinopril-HCTZ
- furosemide
- quanfacine HCL
- hydrochlorothiazide
- indapamide
- irbesartan

- irbesartan-HCTZ
- isradipine
- labetalol HCL
- lisinopril
- lisinopril-HCTZ
- losartan potassium
- losartan-HCTZ
- methyclothiazide
- metolazone
- metoprolol tartrate
- metoprolol-HCTZ
- moexipril-HCL
- nadolol
- nicardipine HCL
- nifedipine ER
- pindolol
- propranolol HCL
- propranolol-HCTZ
- quinapril HCL
- spironolactone
- spironolactone-HCTZ
- torsemide
- trandolapril
- triamterene-HCTZ
- valsartan-HCTZ
- verapamil ER
- verapamil ER PM
- verapamil HCL

Diabetes

- Acarbose
- Apidra*
- Baqsimi
- Farxiga*
- Fiasp FlexTouch
- Fiasp
- alimepiride
- glipizide
- glipizide ER
- glipizide XL
- glipizide-metformin
- GlucaGen
- Glucagon
- Glyburide
- Glyburide-Metformin
- Glyxambi*
- Gvoke
- HumuLIN
- Janumet*
- Janumet XR*
- Januvia*
- Jardiance*
- Lantus Solostars
- Lantus
- Levemir FlexTouch
- metformin HCL

- metformin HCL ER
- miglitol
- nateglinide
- NovoLIN 70/30 FlexPen
- NovoLIN 70/30 Suspension
- NovoLIN N
- NovoLIN R
- NovoLOG
- Omnipod
- Omnipod Dash

- repaglinide
- Rybelsus*
- Synjardy XR*
- Toujeo Solostar
- Tresiba
- Trulicity*
- Victoza*
- Xigduo XR*

- Ozempic*
- pioglitazone

- Synjardy*
- Toujeo Max Solostar
- Tresiba FlexTouch
- Trijardy XR*

*Preauthorization or step therapy may apply. Preauthorization means we review the drug request to ensure it meets certain criteria. Step therapy means we may ask you to try a different drug first before reviewing the request. Both processes help us deliver safe and effective care.

Diabetic testing:

- BD Insulin Syringe
- BD Pen Needle
- Dexcom G6 (Receiver, Sensor, Transmitter)*
- FreeStyle Libre 14 Day (Reader, Sensor)*
- FreeStyle Libre (Reader, Sensor)*
- FreeStyle Llbre 2 (Reader, Sensor)*
- OneTouch Lancets
- OneTouch Ultra Blue Strips
- OneTouch Verio Strips

Levemir

PREVENTIVE BENEFIT LIST

Using your preventive care benefits is a good way to maintain and even improve your health. When these services are given by a participating provider and billed as routine preventive services, your plan covers them in full. This is true even if you have not met your annual deductible.

Preventive Care Services and Limits		
Well baby/Well child care	For members age 21 and younger according to the following schedule:	
	 At birth: One standard in-hospital exam Ages 0-2: 12 additional exams during the first 36 months of life Ages 3-21: One exam per calendar year 	
Routine physicals	Including appropriate screening radiology and laboratory tests and other screening procedures for members age 22 and older are covered once per calendar year. Screening exams and laboratory tests may include, but are not limited to, blood pressure checks, weight checks, occult blood tests, urinalysis, complete blood count, prostate exams, cholesterol exams, stool guaiac screening, EKG screens, blood sugar tests, and tuberculosis skin tests.	
	Only laboratory tests and other diagnostic testing procedures related to the routine physical exam are covered by this benefit. Any laboratory tests and other diagnostic testing procedures ordered during, but not related to, a routine physical examination are not covered by this preventive care benefit.	
Well woman visits	Include the following:	
	 One routine gynecological exam each calendar year for women 18 and over. Exams may include Pap smear, pelvic exam, breast exam, blood pressure check, and weight check. Covered lab services are limited to occult blood, urinalysis, and complete blood count. Pelvic exams and Pap smear exams for women 18 to 64 years of age annually, or at any time when recommended by a women's healthcare provider. Breast Exams annually for women 18 years of age or older or at any time when recommended by a women's healthcare provider for the purpose of checking for lumps and other changes for early detection and prevention of breast cancer. 	
	Members have the right to seek care from obstetricians and gynecologists for covered services without preapproval or preauthorization.	
Routine mammograms	Routine preventive mammograms for women as recommended	
Contraceptives	Any deductible, co-payment, and/or co-insurance amounts are waived for Food and Drug Administration (FDA) approved contraceptive methods for all women with reproductive capacity, as supported by the Health Resources and Services Administration (HRSA), when provided by a participating pharmacy. If a generic exists, preferred brand contraceptives will remain subject to regular pharmacy plan benefits unless deemed medically necessary by the member's attending provider. Providers must request formulary exceptions by contacting our Pharmacy Services team. When no generic exists, preferred brands are covered at no cost. If a generic becomes available, the preferred brand will no longer be covered under the preventive care benefit unless deemed medically necessary by the member's attending provider.	
Sterilization	Tubal ligation and vasectomy are covered procedures. Vasectomy procedures may be subject to the deductible on some plans.	
Breastfeeding	Manual and electric breast pumps are covered at no cost once per pregnancy when purchased or rented from a participating licensed provider, or purchased from a retail outlet. Hospital-grade breast pumps are not covered.	
Immunizations	Age-appropriate childhood and adult immunizations for primary prevention of infectious diseases as recommended and adopted by the Centers for Disease Control and Prevention, American Academy of Pediatrics, American Academy of Family Physicians, or similar standard-setting body. Benefits do not include immunizations for more elective, investigative, unproven, or discretionary reasons (e.g. travel). Covered immunizations include but may not be limited to the following:	
	 Diphtheria, pertussis, and tetanus (DPT) vaccines, given separately or together Hemophilus influenza B vaccine Hepatitis A vaccine 	

PREVENTIVE BENEFIT LIST

Preventive Care Services and Limits
 Hepatitis B vaccine Human papillomavirus (HPV) vaccine Influenza virus vaccine Measles, mumps, and rubella (MMR) vaccines, given separately or together Meningococcal (meningitis) vaccine Pneumococcal vaccine Polio vaccine Shingles vaccine for ages 60 and over Varicella (chicken pox) vaccine
Colorectal cancer screening exams and lab work including the following: - A fecal occult blood test - A flexible sigmoidoscopy - A colonoscopy - A double contrast barium enema A colonoscopy performed for routine screening purposes is considered to be a preventive service.
Including a digital rectal examination and a prostate-specific antigen test.
Tobacco cessation program services and drugs are covered at no charge. Prescribed tobacco cessation related medication will be covered to the same extent this policy covers other prescription medications.
 Unless otherwise stated, a written prescription is required, even if the covered drug is overthe-counter. A 90-day supply is allowed at both participating retail and mail-order pharmacies, unless otherwise noted. Aspirin to prevent cardiovascular disease and colorectal cancer for ages 50 to 59 and as a preventive medication after 12 weeks of gestation in women who are at high risk of preeclampsia; generic 81mg only. Low to moderate dose generic statin to prevent cardiovascular disease for age 40 to 75 Fluoride through age 5 years only Folic Acid supplements for women under 55 who are planning or capable of pregnancy Vitamin D supplementation to prevent falls in community-dwelling adults age 65 years and older who are at increased risk for falls Raloxifene and Tamoxifen to reduce primary breast cancer risk in females age 35 and over Bowel preparation medications for ages 50 through 74 years; Gavilyte-H kit, etc. Tobacco cessation medications as prescribed by a doctor: OTC (gum, patches, lozenges) or prescription tobacco cessation medications (bupropion, Zyban, or Chantix) when purchased at a participating pharmacy 168 day annual limit on tobacco cessation drugs Please note this information is reviewed and updated periodically. For the most current information, please visit the website below.
 Services that have a rating of 'A' or 'B' from the U.S. Preventive Services Task Force (USPSTF) Immunizations recommended by the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention (CDC) Preventive care and screening for infants, children, and adolescents supported by the Health Resources and Services Administration (HRSA) Preventive care and screening for women supported by the HRSA that are not included in the USPSTF recommendations A and B lists for preventive services can be found at: http://www.uspreventiveservicestaskforce.org/Page/Name/uspstf-a-and-b-recommendations/ The list of Women's preventive services can be found at: http://www.hrsa.gov/womensguidelines/

On-demand access to doctors via phone, video, or mobile app

As a PacificSource member, you have access to a U.S. board-certified doctor 24 hours a day, 7 days a week, year-round with Teladoc.

- If you are enrolled on the copay health plan your regular office copay will apply.
- If you are enrolled on the HSA health plan a copay equivalent to Fair Market Value will apply.

Here's how to get started and what you need to know.



1. Set up your account

There are three convenient ways to get started. When asked to enter the name of your employer or insurance carrier, please enter PacificSource.

Online: Log in or register with InTouch for Members through PacificSource.com. You'll find the Teladoc Remote link under Tools. This will provide a direct link for you to set up your Teladoc account.

Mobile app: Visit Teladoc.com/mobile to download the app, then click "Activate account."

By phone: Teladoc can help you register your account over the phone. Call toll-free (855) 201-7488.



2. Provide medical history

Your medical history provides Teladoc doctors with the information they need to make an accurate diagnosis.



3. Request a consult

Once your account is set up, request a consult anytime you need care. And talk to a doctor by phone, web, or mobile app.

Frequently Asked Questions

What is Teladoc?

Teladoc is the first and largest provider of telehealth medical consults in the United States, giving you 24/7/365 access to quality medical care through phone and video consults.

What kind of medical care does Teladoc provide?

Teladoc provides general medical care for adults and children, and behavioral healthcare for adults. Examples of common medical conditions Teladoc can address include: sinus problems, pink eye, bronchitis, allergies, flu, ear infections, urinary tract infections, and upper respiratory infections.

How do I pay for the consult?

You can pay with your HSA (health savings account) card, credit card, prepaid debit card, or by PayPal. Your account will be charged at the time of the visit.

Talk to a

Teladoc.com

(855) 201-7488

Teladoc.com/mobile

Mobile App

Weh

Phone

doctor anytime!

Can Teladoc doctors write a prescription?

Yes. Teladoc doctors can prescribe short-term medication for a wide range of conditions when medically appropriate. Teladoc doctors do not prescribe substances controlled by the DEA, nontherapeutic, and/or certain other drugs, which may be harmful because of their potential abuse.

Can I provide consult information to my doctor?

Yes. You have access to your electronic medical record at anytime. Download a copy online from your account or call Teladoc and ask to have your medical record mailed or faxed to you.

If the Teladoc doctor recommends that I see my primary care physician or a specialist, do I still have to pay the Teladoc consult fee?

Yes. Just like any doctor appointment, you must pay for the consulting doctor's time.

Online and Mobile Tools

At **PacificSource.com**, and the myPacificSource mobile app, you can access tools, information, and resources to help you make the most of your PacificSource benefits.

InTouch

You can access coverage and benefit information through InTouch, our secure web portal at **PacificSource.com**.

It allows you to easily and conveniently manage your insurance coverage and health, 24/7. Sign into InTouch to:

- Look up coverage information in your member handbook/policy, or read benefit summaries.
- Look up claims.
- View explanations of benefits.
- Review your family's enrollment history.
- Check deductible and your out-of-pocket status.
- Track preauthorizations.
- Look up your share of your family's healthcare expenses.
- Change your address.
- Order replacement ID cards.
- Estimate healthcare costs using our Treatment Cost Navigator.
- Access the CaféWell health and wellness resource.

myPacificSourceMobileApp

Our free mobile app gives you secure, on-the-go access

to all your coverage information, no matter where you are. Available for iPhone[®] and AndroidTM. Visit **PacificSource.com/mobile** for more information.

Health Management Programs and **Services**

Condition Support

Our Condition Support Program offers education and support to members with asthma, diabetes, heart failure, chronic obstructive pulmonary disease, coronary artery disease, or juvenile diabetes. This program is available to eligible PacificSource members with medical coverage.

AccordantCare

With AccordantCare, we offer rare disease management and specialty pharmacy programs that provide individual support and coordination for our members with certain rare diseases, or those requiring injectable medications or biotech drugs.

Submitting a Claim

Usually, your provider will submit claims for you. If you need to fill a covered prescription or see a provider for a covered service before you receive your new ID card, or if you see a nonparticipating provider, you can pay and then submit a copy of the provider's itemized receipt or statement for reimbursement.

On our website, you'll find details about how to submit a claim. Visit **PacificSource.com/YourPlan/#Claim** for more information.

Value-added Extras

Your Bonner County Health Plan coverage also includes the following no-cost wellness programs and services. For details about these programs and more, visit **PacificSource.com**.

24-Hour NurseLine

Have a health-related question? Our 24-Hour NurseLine is staffed around the clock, 7 days a week—so you'll never be without a registered nurse to talk to. Call them toll-free at (855) 834-6150.

CaféWell

This secure online health engagement portal helps you keep track of, and make the most of, your health. To access CaféWell, sign into InTouch, go to Benefits, and select Wellness – CaféWell.

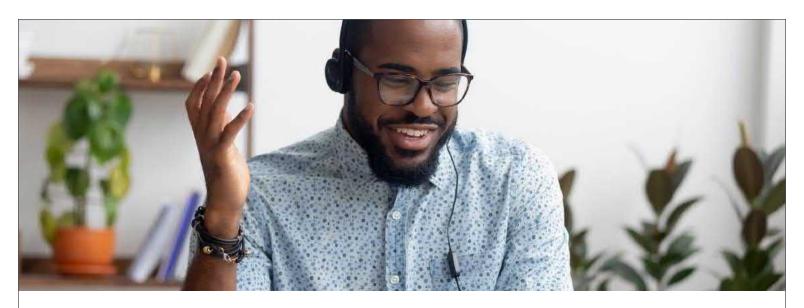
Prenatal Program

If you're expecting, our free Prenatal Program offers you support, useful information, and resources during this very important time for you and your baby.

Prenatal vitamins: Women between the ages of 15 and 45 with prescription drug coverage are eligible to receive select physician-prescribed prenatal vitamins at no cost—all co-pays and deductibles are waived—when filled through an in-network pharmacy. Visit our website for details

Gym Membership Program

With the Active&Fit® gym membership program, you can access any gym within your plan's network for a one-time initiation fee of \$25 plus a monthly fee of \$25 per member.



Member Support Specialists

Connecting you with the care you deserve

When it comes to great service, our Member Support Specialists go above and beyond to give you the care you deserve. They work hard to remove roadblocks, and help members through the often-complicated world of healthcare.

Here's a sample of some of the ways Member Support Specialists help PacficSource members with their needs:

Basic needs

Housing—Help connecting you with ways to pay rent, mortgage, or other housing-related costs.

Food—Help arranging meal delivery services to keep members from going hungry.

Transportation—Help getting rides to and from doctor's appointments.

Utilities—Help getting clean water, electricity, or heat by connecting you with aid for utility bills, firewood, and more.

Medical help

Finding a doctor—Help finding the right doctor for your medical needs.

Appointments—Working with your doctors to help you schedule appointments and provide helpful reminders.

Follow-through—Arranging home care, prescriptions, and treatment plans.

Equipment—Help getting all the things you need to help with your medical care, from crutches to wheelchairs to CPAP machines to blood glucose monitors.

More extraordinary help

- Wheelchair ramps
- Yard cleanup
- Service dogs
- Translation
- Assistance with copays
- Support groups
- Incontinence supplies
- Help with Social Security disability insurance
- A better understanding of insurance benefits
- More information about your medical conditions

Free and confidential

Choosing to work with a Member Support Specialist is completely up to you. There is no obligation or cost to participate. And your interaction will remain confidential. No need is deemed too great or small.

Find out more

If you have questions or want to sign up, please call a Member Support Specialist Monday-Friday, 8:00 a.m. - 5:00 p.m. at:

Phone

Toll-free

Medicare members call: 888-862-9725 All other members call: 888-691-8209

TTY (800) 735-2900

24-Hour NurseLine

Toll-free

(855) 834-6150 **TTY** (844) 514-3774

PacificSource.com



Condition Support to Help You Live Well

If you've been diagnosed with a chronic condition, our Condition Support program provides you with information and support to take charge of your health.



About the Program

When you're living with a chronic condition, it helps to have reliable resources for information, support, and someone to hold you accountable as you make lifestyle changes. We're here for you. This program offers you the opportunity to talk with a registered nurse or registered dietitian on a regular, ongoing basis for health and wellness coaching.

Here's what you can expect throughout the program:

- You'll learn what you can do to take care of your health and discover what makes you successful.
- We'll guide you in setting health goals that are clear and meaningful to you—and help you stay on track with those goals.
- You'll receive information about medication, health, nutrition, and fitness.
- You'll discover new ways to overcome challenges life throws your way.

Participation Details

As your health insurance company, we receive claims from your doctor for the services you receive, which include a diagnosis to explain those services. We look for specific diagnoses that match with the services that Condition Support offers. This is how we identify eligible participants for the program, and participation is voluntary. There's no additional cost to participate, and you may opt out at any time.

Health Coaching to Support Your Success

To help you reach your wellness goals, you have the option to work with a health coach. Your health coach will be a PacificSource registered nurse or registered dietitian—or possibly both, depending on your individual needs. We ask that you commit to working with your health coach for three months.

Working with a health coach allows you to learn more about your condition when you need it. Together, you and your coach will discover your strengths, successes, motivations, support systems, and obstacles. Coaches help you to create a clear picture of what you would like for your best health, discover your strengths, and learn what really drives you.

Continued on next page >

ldaho

Direct: (208) 333-1596 Toll-free: (800) 688-5008

Montana

Direct: (406) 442-6589 Toll-free: (877) 590-1596

Oregon

Direct: (541) 684-5582 Toll-free: (888) 977-9299

TTY

Toll-free: (800) 735-2900

En Español

Direct: (541) 684-5456 Toll-free: (800) 624-6052 ext. 1009

Email

cs@pacificsource.com

PacificSource.com



If you choose to participate in health coaching, your coach will:

- Help you identify your goals and priorities
- Increase your knowledge about treatments and self-care for your condition
- Work with you to set weekly action items

Health coaching sessions are done by phone at a time and place that works for you.

To get the most from coaching:

- Schedule your call during a time when you are able to comfortably talk about your health and wellness.
- Stay engaged in the conversation, and avoid multitasking.
- Enjoy the time. How often do you get to talk with someone about your personal health goals? Take this time for you, to focus on your self-care.

If you choose to work with a registered nurse or registered dietitian as your health coach, we'll send your doctor or other healthcare provider a letter to inform them about your enrollment in the program and contact with a health coach. We encourage you to share any of the information from this program and your health goals with your provider.

Learn More about Condition Support

If you want to learn more about our Condition Support program, check eligibility for health coaching, or schedule your initial consultation with a registered nurse, we're here for you. Contact us at **yoursupport@pacificsource.com** or call us at **(888) 987-5805**.

The Condition
Support program
is meant to be a
cooperative effort
between you,
your healthcare
provider, and your
PacificSource
nurse or health
coach.



DENTAL INSURANCE

Regular dental care is essential to good health. The Bonner County dental plans are administered through Delta Dental of Idaho and Willamette Dental Group. This offering is designed to provide you with a choice of dental coverage you need with the features you want. Take advantage of what these plans have to offer without compromising what matters most—including the freedom to visit the dentist of you and your dependents choice.

One option for optimal savings is using the Delta Dental plan of Idaho participating dentist or specialist. You can find a dentist by visiting www.deltadentalid.com. You can also call (208) 489-3580. If you choose a dentist who does not participate in our dental plan, your out-of-pocket expenses may be more, since you will be responsible for paying any difference between the dentist's fee and the plan's payment for the approved service.

Delta Dental of Idaho Dental Plan	PPO Dentist	Premier Dentist	
Calendar Year Deductible*	\$50 Individual / \$150 Family		
Calendar Year Benefit Maximum*	\$1,250	\$1,000	
Preventive Care/Diagnostic			
Oral Examinations & Cleanings	1000/		
Sealants	100% (Deductible Waived)	80% (Deductible Waived)	
Topical Fluoride Application	(2 caaconore 11 arroay		
Full Mouth & Bitewing X-rays			
Basic Restorative			
Endodontics—Root Canal			
General Anesthesia	80%	70%	
Oral Surgery (Simple Extractions)			
Periodontics/Gum Disease			
Major Restorative			
Implants: Services	5 00/	400/	
Implants: Repairs	50%	40%	
Bridges, Dentures, Crowns/Onlays			
Orthodontia	Discounts Available		

^{*}Deductible & Benefit Maximum start over January 1st



Here's [HOW] you can maximize your oral health at no additional cost.





Simply request a free Health through Oral Wellness (HOW) risk assessment at the beginning of your dental visit with your Delta Provider.



If you qualify based on your results, Delta Dental of Idaho will release, or 'unlock' specifc additional benefts without an increase in premium such as additional cleanings, sealants or periodontal maintenance for example.

DENTAL INSURANCE (CONTINUED)

As well as Delta Dental, Bonner County offers a dual-option dental plan with Willamette Dental Group. Willamette is a coordinated-care network that offers additional savings by allowing you to focus on staying healthy. To obtain the best benefits of your Willamette Dental plan, you must receive care from a Willamette Dental Group dentist or specialist. You can find dentists by visiting www.willamettedental.com. You can also call 1 (855) 4DENTAL.

One difference in this plan compared to the Delta Dental plan is the annual maximum and deductible. Willamette Dental plans have **no annual maximum*** and **no deductible**. This means you will never exhaust your dental coverage and you don't need to satisfy a deductible before you can receive benefits.

Willamette Dental plans also maintain fixed out-of-pocket costs. You and your family will never be surprised by any unknown costs for dental services.

Willamette Dental Plan	In-Network Only	
Deductible	None	
Benefit Maximum	None	
General & Orthodontic Office Visit	\$15 Copay	
Preventive Care/Diagnostic		
Topical Fluoride Application		
X-rays		
Fillings	Office Visit Coney Applies	
Sealants (per tooth)	Office Visit Copay Applies	
Local Anesthesia		
Oral Surgery (Simple Extractions)		
Periodontal Charting & Evaluation		
Endodontics & Periodontics		
Root Canal Therapy—Anterior, Bicuspid, Molar		
Osseous Surgery (per Quadrant)	Varying Procedure Copays	
Bridges, Dentures, Crowns/Inlays/Onlays	varying recedure dopays	
Nitrous Oxide		
Periodontal Root Planing		
Orthodontia		
Pre-Orthodontia Treatment	\$150 Copay	
Copay credited towards Comprehensive Ortho Treatment copay if patient accepts treatment plan		
Comprehensive Orthodontia Treatment	\$2,800 Copay	
Dental Implants - NEW!	Benefit Maximum of \$1,500 Per Calendar Year	

Frequency limitations may apply—see your dental booklet for additional information.

^{*}Dental Implant Surgery is a newly covered benefit and is subject to a benefit maximum. This benefit maximum resets on January 1st.

VISION

Bonner County offers vision insurance through United Heritage using Vision Service Plan. Bonner County pays the cost of employee coverage. You may choose to pay the cost to cover dependents through payroll deduction.

To find a participating eye care provider or to review your plan coverage before your appointment, visit www.vsp.com or call 800-877-7195.

VSP Choice Network Plan B	In-Network	Out-of-Network
Copays		
Well Vision Exam	\$1	0 Copay
Hardware	\$25 Copay	
Exam		
Benefit	Copay Applies	Up to \$45 Reimbursement
Frequency	12	Months
Hardware—Lenses		
Single Vision	Copay Applies	Up to \$30 Reimbursement
Lined Bifocal	Copay Applies	Up to \$50 Reimbursement
Lined Trifocal	Copay Applies	Up to \$65 Reimbursement
Frequency	12 Months	
Hardware—Frames*		
Benefit	\$130 Allowance \$70 Allowance**	Up to \$70 Reimbursement
Frequency	24 Months	
Contacts		
Contact Lenses	\$130 Allowance	Up to \$105 Reimbursement
Exam & Fitting Frequency - in lieu of Lenses & Frames	Up to \$60 Copay	Months

*20% savings on the amount over your allowance **Wholesale Allowance - Costco, Wal-Mart and Sam's Club

Allowance per service may vary based on VSP provider. Please see your vision summary for additional information.

HEALTH SAVINGS ACCOUNTS (HSAs)

What is an HSA?

A Health Savings Account is an individually owned, earnings-bearing account to help pay for future qualified medical expenses with tax-free dollars.

Who is eligible for an HSA?

An HSA owner must be enrolled in an HSA-eligible High-Deductible Health Plan (HDHP).

You are NOT eligible if:

You are enrolled in Medicare. A tax dependent on someone else's tax return. Have received VA benefits in the last 3 months.

You are enrolled in a non-qualified HDHP plan.

How do I manage my HSA?

Your HSA is your account and the dollars are your dollars. Since you are the account holder, you manage your HSA account. You may choose when to use your HSA dollars or when not to use your HSA dollars. HSA dollars pay for any eligible medical expense.

Opening Your HSA?

An account has been opened on your behalf through Flores and Avidia Bank.

If you don't want to use Flores, you may open an account on your own through a bank or other financial institution. Banks, credit unions, insurance companies and other financial institutions are all permitted to be trustees or custodians of these accounts. *Any employee who does not take the necessary steps to open their account or complete the identity verification within 60 days forfeits their employer contribution from Bonner County into their HSA*.

Contribution Limits

	2021	2022
Employee Only	\$3,600	\$3,650
Employee + 1	\$7,200	\$7,300
Age 55+ Catch Up Contribution	\$1,000	\$1,000

What expenses are eligible for reimbursement?

HSA dollars may be used for qualified medical expenses incurred by the account holder and his or her spouse and IRS dependents. Qualified medical expenses are outlined within IRS Section 213(d) which states that "the expense has to be primarily for the prevention or alleviation of a physical or mental defect or illness."

In addition to qualified medical expenses, the following insurance premiums may be reimbursed from an HSA:

- COBRA premiums.
- Health insurance premiums while receiving unemployment benefits.
- Qualified long-term care premiums.
- Any health insurance premiums paid, other than for a Medicare supplemental policy, by individuals ages 65 and over.

Are dental and vision care considered qualified medical expenses under an HSA?

Yes, as long as these are deductible under the current rules. For example, cosmetic procedures, like cosmetic dentistry, would not be considered qualified medical expenses.

Can I use my HSA dollars for non-eligible expenses?

Money withdrawn from an HSA account to reimburse non-eligible medical expenses is taxable income to the account holder and is subject to a 20% tax penalty. The exception to this rule is if the account holder is over age 65, disabled, or upon death of the account holder.

When can I start using my HSA dollars?

You can use your HSA dollars immediately following your HSA account activation and once contributions have been made.

When do I contribute to my HSA account, and how often?

You, your employer, or others can contribute to your HSA account through payroll deductions or as a lump sum deposit. You can contribute as often as you like, provided you and your employer's total annual contributions do not exceed the contribution limits shown above.

What if I have HSA dollars left in my account at the end of the year?

The money is yours to keep. It will continue to earn interest and will be available for you and your healthcare costs next year. Any dollars left in your HSA account at year-end will automatically roll over.

What happens to my HSA dollars if I leave my employer?

The funds are yours to keep! It is your account and you manage it as you see appropriate.

Can I use the money in my account to pay for my dependents' medical expenses?

You can use the money in the account to pay for the medical expenses of yourself, your spouse, and your dependents. You can pay for expenses for your spouse and dependents even if they are not covered by your HDHP.

Who qualifies as a dependent?

A person generally qualifies as your dependent for HSA purposes if you claim them as an exemption on your Federal tax return. Please see IRS publication 502 for exceptions. www.IRS.gov/Pub/irs-pdf/.

Can couples establish a "joint" account and both make contributions to the account, including "catch-up" contributions?

"Joint" HSA accounts are not permitted. Each spouse should consider establishing an account in his or her own name. This allows you to both make catch-up contributions when you are 55 or older.

GENERAL PURPOSE FLEXIBLE SPENDING ACCOUNTS

A General Purpose Flexible Spending Account (FSA) is an option with your employer's health care coverage and is only available to you if you are <u>not</u> enrolled on the Health Savings Account (HSA) plan.

GENERAL PURPOSE FSA RULES

Employees are not allowed to contribute to both an HSA as well as a General Purpose (non-limited) Health FSA.

The main advantage of FSA funds is that employees can pay for qualified expenses tax-free while reducing their taxable income. The Bonner County FSA allows participants to carry over up to \$550 in unused funds at the end of each plan year to reimburse expenses incurred in the next year. Any leftover funds above \$550 will be forfeited. This carryover does not count towards your next year's annual contribution limits.

Dependent Care FSA Rules

Dependent Care FSA (DCAP) funds cover care costs for your eligible dependents while you are at work. This excludes things such as, but not limited to, educational expenses and/or tuition, overnight camp, registration, or late payment fees and field trips.

All claims must be incurred by September 31, 2022 and you will have through December 1, 2022 to submit your claims.

There are contribution limits to FSAs. In 2021, contribution limits are:

Flexible Spending Account—\$2,750

Dependent Daycare Flexible Spending Account—\$5,000 maximum (\$2,500 married filing separately)

Unfortunately, we cannot provide a definitive list of "qualified medical expenses." A determination of whether an expense is for "medical care" is based on all the relevant facts and circumstances. To be an expense for medical care, the expense has to be primarily for the prevention or alleviation of a physical or mental defect or illness.

Examples of Typical ELIGIBLE FSA Expenses:

- Dental Treatment (excluding whitenening)
- Orhtodontia
- Glasses and/or Contact Lenses
- Vision Correction Procedures
- Guide Dog or other service animal
- Acupuncture
- Nursing Services
- Prosthesis
- Contraceptives
- Drug or Alcohol Treatment
- Fertility Treatment
- Transplants
- Vasectomy

Examples of Typical <u>INELIGIBLE</u> FSA Expenses:

- Insurance premiums
- Long Term Care premiums
- Electrolysis or hair removal
- Funeral Expenses
- Over-the-counter medicine
- Swimming Lessons
- Cosmetic Procedures

LIMITED PURPOSE FLEXIBLE SPENDING ACCOUNTS

A limited purpose FSA is similar to general purpose FSA—the difference being that there are fewer eligible expenses. Members with a Limited Purpose FSA may use their funds for dental & vision expenses only.

LIMITED PURPOSE FSA RULES

Employees are allowed to contribute to both an HSA as well as a limited purpose FSA. This allows you to maximize your savings & tax benefits.

The main advantage of FSA funds is that employees can pay for qualified expenses tax-free while reducing their taxable income. The Bonner County Limited Purpose FSA allows participants to carry over up to \$550 in unused funds at the end of each plan year to reimburse expenses incurred in the next year. Any leftover funds above \$550 will be forfeited. This carryover does not count towards your next year's annual contribution limits.

All claims must be incurred by September 31, 2022 and you will have through December 1, 2022 to submit your claims.

There are contribution limits to Limited Purpose FSAs. In 2021, contribution limits are: **Flexible Spending Account**—\$2,750

Dependent Daycare Flexible Spending Account—\$5,000 maximum (\$2,500 married filing separately)

Unfortunately, we cannot provide a definitive list of "qualified medical expenses." A determination of whether an expense is for "medical care" is based on all the relevant facts and circumstances. To be an expense for medical care, the expense has to be primarily for the prevention or alleviation of a physical or mental defect or illness.

Examples of Typical <u>ELIGIBLE</u> Limited Purpose FSA Expenses:

- Dental cleaning
- Dental fillings
- Dental crowns
- Orthodontia
- Contact Lenses
- Eyeglasses
- Refractions
- Vision Correction Procedures

Examples of Typical <u>INELIGIBLE</u> Limited Purpose FSA Expenses:

- Insurance premiums
- Medical expenses (deductibles, coinsurance, copays)
- Alcohol & drug rehab expenses
- Prescriptions
- Over—the- counter medicines
- Medical Equipment
- Contraceptives
- Cosmetic Procedures
- Expenses reimbursed by an insurance provider or health plan

DISABILITY INSURANCE

Bonner County provides full-time employees with the opportunity to enroll in short and long term disability income benefits (STD and LTD). The cost of LTD is covered 100% by the County. However, STD is optional and the employee would pay 100% for this benefit. In the event that you become disabled from a non-work related injury or sickness, disability income benefits are provided as a source of income. You are not eligible to receive short-term disability benefits if you are receiving workers' compensation benefits.

HERE'S HOW THE DISABILITY PLANS WORK:

1000/

Before STD benefits begin, you may be eligible for paid time off benefits. Please refer to your employee handbook for details on the paid time off policy.

The STD plan pays 60 percent of your weekly pre-disability earnings, up to a maximum of \$1,000 per week. STD benefits begin on the 7th continuous calendar day of an eligible disability (injury or sickness) and are payable for up to 12 weeks.

This policy does include a **pre-existing clause** that states benefits will not be payable for any pre-existing condition unless you've not received care for that condition for 180 consecutive days while insured under this policy or if you've been continuously insured under this policy for 365 consecutive days.

To determine your cost to enroll in this benefit, please speak with the Bonner County Benefits Administration Team or view your information in the Employee Navigator Enrollment Portal.

The LTD plan pays 60 percent of your monthly pre-disability earnings, up to a maximum of \$5,000 per month. LTD benefits begin the 90th day of continuous disability. The duration of payments is based on the insured's age when disability occurs. For a complete table of your benefit duration period, please refer to the Certificate of Coverage. Bonner County provides this benefit to you at no cost.

This policy does include a **pre-existing clause** that states benefits will not be payable for any pre-existing condition unless you've not received care for that condition for 180 consecutive days while insured under this policy or if you've been continuously insured under this policy for 365 consecutive days.

NOTE: Disability benefits can be reduced by "other income benefits." Please refer to the Reduction of Benefits – Other income section in your Certificate of Insurance.

100%		
	60%	60%
Paid time off (if available)	Short-Term Disability (\$1,000 maximum/week)	Long-Term Disability (\$5,000 maximum/month)
First 7 consecutive calendar days of disability	Up to the first 12 weeks of disability	Up to your normal retire- ment age as defined by Social Security

LIFE INSURANCE

Bonner County pays the full cost of Basic Life and Accidental Death and Dismemberment (AD&D) insurance for employees. Employees also have the option to pay the cost for additional coverage as outlined below.

EMPLOYER PAID LIFE / AD&D INSURANCE

Employee life insurance amount is 1x your base annual earnings, up to a maximum of \$100,000 Spouse life insurance is \$1,000

Child(ren) life insurance (15 days up to 26 years) is \$1,000

Accidental Death & Dismemberment (AD&D) insurance is equal to your amount of life insurance. As you grow older, the amount of Life and AD&D insurance for you will be reduced according to the following schedule:

Age 65 – the original amount of insurance will reduce to 65 percent

Age 70 – the original amount of insurance will reduce to 50 percent

VOLUNTARY LIFE / AD&D INSURANCE

Employees who want to supplement their group Life / AD&D insurance benefits may purchase additional coverage. When you enroll yourself and/or your dependents in this benefit you pay the full cost through semi-monthly payroll deductions. You can purchase:

BENEFIT AMOUNT(S)	Guarantee Issue*	Amount of Insurance	Increments
Employee	\$100,000	\$10,000 - \$250,000**	\$10,000
Spouse	\$25,000	\$5,000 - \$125,000***	\$5,000
Children 15 days-26 years	\$10,000	\$2,000 - \$10,000	\$2,000

^{*}The Guarantee Issue Amount for Your Spouse is 100% of your elected amount of life insurance or \$25,000, whichever is less. The GI Amount for Your Dependent child(ren) is 100% of your elected amount of life insurance or \$10.000, whichever is less.

Conversion Privilege – An insured employee and dependent(s) may convert life insurance coverage without Evidence of Insurability to an individual whole life insurance policy during the 31-day period following termination of employment.

Portability Privilege - An insured employee and dependent(s) may continue coverage when coverage would otherwise end by turning in a Portability application during the 31-day period following termination of employment.

Waiver of Premium – If an insured employee becomes totally disabled prior to attainment of age 60, if disability lasts nine months or more, no further premium will be required for the employee during continuance of total disability.

^{**}Not to exceed 3x basic annual earnings

^{***}Not to exceed 50% of Employee's voluntary life amount

LIFE INSURANCE (CONTINUED)

VOLUNTARY LIFE / AD&D—TO CALCULATE YOUR PREMIUM, DO THE FOLLOWING:

/ 1,000 =	X	=
Amount of Coverage	Rate	Monthly Total

Employee & Spouse Life/AD&D Rate Table			
Age Rates per \$1,000			
0-24	\$0.08		
25-29	\$0.07		
30-34	\$0.08		
35-39	\$0.11		
40-44	\$0.16		
45-49	\$0.25		
50-54	\$0.40		
55-59	\$0.64		
60-64	\$0.84		
65-69	\$1.32		
70-74	\$2.29		
75+	\$4.00		

Child(ren) Unit Life /AD&D *	
Rate per \$1,000	
\$0.22	

Follow the method described above to calculate your Voluntary Life/AD&D premiums for yourself and dependent spouse and/or child(ren) coverage.

Your spouse's rate is based on your age, so find your age bracket in the far left column and use the above formula to determine your desired benefit for your spouse.

*Regardless of how many children you have, they are included in the "Child(ren) Unit" premium amounts listed in the table above.

Please note: You will only be able to apply for guaranteed issue life insurance when first eligible.

If you do not enroll, future elections will require health questions (Evidence of Insurability).

If an employee enrolls in an amount less than the guaranteed issue limit, they may increase by \$10,000 each year in the future without health questions until you've reached the guaranteed issue limit. This step-up guarantee applies only to employees.

ACCIDENT & CRITICAL ILLNESS

Bonner County offers additional voluntary benefits, including a Voluntary Accident & Voluntary Critical Illness plan. Accident & Critical Illness coverages offer financial protection for the unexpected and provide monetary payouts directly to you based on the type of claim you experience.

ACCIDENT:

Accidents happen! If you enroll, this plan will pay you certain fixed dollar amounts for certain **off-the-job** accidents or injuries for which you obtain medical care - there are over 80 possible benefit payments.

Accident Plan Schedule of Benefits (Condensed as an Example*)	Benefit Payment
Accidental Death	\$30,000
Knee Dislocation	\$1,800
Leg Fractures	\$1,200
Hospital Admission	\$1,000
Ground Ambulance	\$300
Emergency Room Visit	\$150

More Examples of Scheduled Benefits:

- Burns Urgent Care Visits
- Lacerations Dental Crown Repairs (due to accidental injury)
- X-Rays Coma

If a family plan is selected, the spouse & child benefits equal 100% of the employee amount for most of the benefits!

- Accidental Death amount is 50% of the employee amount for a spouse and 10% of the employee amount for a child
- Children can be enrolled until age 26

CRITICAL ILLNESS

A serious illness can be devastating, and this plan covers 15 of the most common critical illnesses.

In addition to the Critical Illness benefits, this plan will pay you to get your annual preventive exam as well as pays a daily hospital confinement benefit.

The Critical Illness plan does have a **pre-existing condition clause**:

- -Any condition diagnosed prior to your coverage effective date will not be covered.
- -If treatment for an undiagnosed condition occurs within 6 months prior to your effective date and you later receive a diagnosis, coverage for that condition will not be provided unless diagnosis came after being continuously insured under this contract for at least 12 months.

Category 1: Type A Cancer Benefit	Category 2: Heart Attack Heart Transplant	Category 3: Kidney Failure Major Organ Transplant
Bone Marrow	Stroke	Loss of Sight, Hearing or Speech Paralysis
	28	Occupational HIV Coma

^{*}Please see detailed summary for full list of scheduled benefit payouts.

ACCIDENT & CRITICAL ILLNESS (CONTINUED)

See previous page for introduction to Critical Illness coverage information

Critical Illness Plan Schedule of Benefits (Condensed for Example*)	Benefit Payment
Benefit Amount	\$5,000 Minimum / \$50,000 Maximum (\$5,000 Increments)
Guarantee Issue	\$20,000
First Occurrence Payments (allowed in each category)	100% of elected benefit amount
Re ccurrence Payments (allowed <i>once per</i> category)	50% of First Occurrence benefit amount
Lifetime Maximum Benefit Payout	300% of elected benefit amount
Wellness Benefit Rider	Pays \$25 Annually for Employee / Spouse Only
Hospital Confinment Rider	Pays \$50 per day for hospital confinment

Once a First & Second occurrence have occured in a single category, that category is then closed for future benefits payouts.

^{*}Please see detailed summary for full list of scheduled benefit payouts.

Critical Illness Monthly Rates Per \$1,000 of Benefit				Hospital Confinement Rider Monthly Age Rates				
Attained age		loyee Included)	Employee + Family (Children + Spouse)		Employee (Children Included)		Employee + Family (Children + Spouse)	
	Non Smoker	Smoker	Non Smoker	Smoker	Non Smoker	Smoker	Non Smoker	Smoker
Under 40	\$0.51	\$0.80	\$0.74	\$1.09	\$0.24	\$0.37	\$0.49	\$0.70
40-44	\$0.88	\$1.57	\$1.32	\$2.15	\$0.37	\$0.65	\$0.78	\$1.18
45-49	\$1.32	\$2.63	\$2.05	\$3.58	\$0.53	\$1.02	\$1.14	\$1.82
50-54	\$1.92	\$4.24	\$3.07	\$5.74	\$0.76	\$1.64	\$1.69	\$2.86
55-59	\$2.78	\$6.74	\$4.55	\$9.06	\$1.08	\$2.54	\$2.47	\$4.37
60-64	\$4.01	\$10.52	\$6.72	\$14.05	\$1.53	\$3.90	\$3.59	\$6.59
65-69	\$5.60	\$15.56	\$9.54	\$20.71	\$1.88	\$5.06	\$4.49	\$8.47
70-74	\$8.01	\$21.36	\$13.57	\$28.63	\$2.68	\$6.89	\$6.36	\$11.70
75-79	\$11.03	\$26.31	\$18.29	\$35.79	\$3.51	\$8.09	\$8.02	\$13.99

Wellness Benefit Rider Rate Per Month			
Employee + Family			
\$1.20	\$2.39		

CRITICAL ILLNESS—TO CALCULATE YOUR PREMIUM, DO THE FOLLOWING:

@	(/\$1,000 X) +		+ =	
Employee Age	Critical Illness Benefit Amount	Critical Illness Rate	Hospital Rate (Required)	Wellness Rate (Required)	Monthly Total

Critical Illness Rates are based on Employee's Age & Employee's tobacco use status. Children are automatically covered when an employee enrolls in this coverage.

EMPLOYEE ASSISTANCE PROGRAM

When you need help balancing work, home, personal or family issues, Bonner County offers value-added programs and services that are of no charge to you.

The Employee Assistance Program (EAP) is offered to all employees and immediate family members of Bonner County through Reliant Behavioral Health. It is a **completely confidential** counseling program that offers 24-hour crisis assistance, and online resources, including the Personal Advantage website and access to counselors online. The names of individuals who seek services through the EAP will never be shared with Bonner County.



You and your immediate family are eligible for up to six (6) face-to-face visits (per member, per occurrence) with a counselor at no charge to you.

The purpose of an EAP is to talk with the individual to define their problem, suggest short-term problem solving steps and refer to other community resources if necessary. In addition, they also provide the following services:

- 24-hour Crisis Help
- In-person Counseling
- Online Consultations
- Mediation Services
- ID Theft Services
- Simple Will Kit
- Home Ownership Program
- Financial Services
- Legal Services, and much more

Their toll-free hotline and website are available 24 hours a day, seven days a week.

Website: MyRBH.com

Phone Number: 1 (866) 750-1327

Access Code: BonnerCounty

WELLWORKS FOR YOU

All Bonner County employees enrolled in medical benefits have opportunities to participate in various wellness activities that can reward you with a reduced health insurance premium.

Please refer to your WellWorks For You brochure for additional information.

OVERVIEW

Complete Steps 1-4 listed below **on or before July 31, 2021** to be eligible for health premium discounts and the additional new financial incentives noted above:

- ✓ Step 1—Participate in an Onsite Biometric Screening event, complete Biometrics with lab work with White Cross Pharmacy, or with your Primary Care Provider. You only need to complete <u>one</u> of these options.
- ✓ **Step 2**—Complete your Annual Wellness Visit with your Primary Care Provider (Proof of Visit Form)
- ✓ **Step 3**—Complete the Know Your Number Assessment located on the Wellness Portal
- ✓ **Step 4** Complete the Tobacco Attestation Form (and Tobacco Cessation Program, if applicable)

Your incentive applies right away!

- Health insurance premium reductions will be effective the 1st of the month following 30 days from completion of the Wellness Program requirements.
- -HSA or HRA funding will occur quarterly (August-October / November-January / February-April / May-July)

WELLNESS PORTAL

In order for your participation in the program to be tracked, employees are required to have a WellWorks For You Wellness Portal account. If you already have an account, you DO NOT need to create a new one.

If you do not have an account, please refer to your brochure to register. In accordance with HIPAA confidentiality laws, your individual data is accessible only to you and the third party vendor, WellWorks For You.

Download the 'Wellworks for You' mobile app for your one stop shop access to your wellness portal!



REQUIRED NOTICES

HIPAA NOTICE OF PRIVACY PRACTICES

The Health Insurance Portability and Accountability Act of 1996 (HIPAA) and the Health Information Technology for Economic and Clinical Health Act of 2009 (HITECH Act) place important restrictions on sharing your medical information and provide you with important privacy rights. This Notice of Privacy Practices (the "Notice") replaces all prior notices provided by the Plan Sponsor and is effective on the Date Distributed noted above. This Notice describes the legal obligations of the Plan Sponsor and your legal rights regarding your "protected health information" ("PHI") held by your Plan Sponsor and Group Health Plan. This Notice describes how your PHI may be used or disclosed to carry out treatment, payment, or health care operations, or other purposes permitted by law.

Generally, PHI includes your personal information collected from you or created by your Group Health Plan, or the Plan Sponsor on behalf of a Group Health Plan, that relates to your past, present, or future physical or mental health or condition; the provision of health care; or the past, present, or future payment for the provision of health care, and includes your elections to enroll in the Plan. If you have any questions about this Notice or about our privacy practices, please contact your Privacy Officer identified below.

The Plan Sponsor may retain agents, service providers and third party administrators to administer all or part of your Group Health Plan such as claims payment and enrollment management. The term Plan Sponsor as used in this Notice includes all entities that provide services related to your Group Health Plan that have access to your PHI. The Plan Sponsor and contracted service providers are required by law to follow the terms of this Notice.

The Plan Sponsor is required by law to maintain the privacy of your PHI, provide you with certain rights with respect to your PHI, provide you with a copy of this Notice, and follow the terms of this Notice. The Plan Sponsor reserves the right to change the terms of this Notice and its practices regarding your PHI. If there is any material change to this Notice, the Plan Sponsor will provide you with a copy of the revised Notice of Privacy Practices.

Use and Disclosure

The Plan Sponsor may use or disclose your PHI under certain circumstances without your permission. All of these certain circumstances will fall within one of the categories listed below.

- **For Treatment,** to facilitate medical treatment or services by providers including doctors, nurses, technicians, medical students, or other hospital personnel who are involved in taking care of you.
- **For Payment** to determine your eligibility for Plan benefits, to facilitate payment for the treatment or services you receive from health care providers, to determine benefit responsibility under the Plan, or to coordinate Plan coverage.
- For Health Care Operations, uses and disclosures necessary to run the Plan.
- Treatment Alternatives or Health-Related Benefits and Services that might be of interest to you.
- To Business Associates to perform various functions on our behalf or to provide certain types of services. A Business Associates will receive, create, maintain, transmit, use, and/or disclose your PHI, but only after they agree in writing with the Plan Sponsor to implement appropriate safeguards regarding your PHI.
- As Required by Law when required to do so by federal, state, or local law.
- **To Avert a Serious Threat to Health or Safety** to you, or the health and safety of the public, or another person, limited to someone able to help prevent the threat.

In addition, the following categories describe other ways that the Plan Sponsor may use and disclose your PHI without your specific authorization. All of the ways the Plan Sponsor is permitted to use and disclose information will fall within one of the categories.

- **Organ and Tissue Donation**, after your death to an organization that handles organ procurement or organ, eye, or tissue transplantation or to an organ donation bank, as necessary to facilitate organ or tissue donation and transplantation.
- **Military**, if you are a member of the armed forces, as required by military command authorities. The Plan Sponsor may also release PHI about foreign military personnel to the appropriate foreign military authority.
- **Workers' Compensation** or similar programs, but only as authorized by, and to the extent necessary to comply with, laws relating to workers' compensation and similar programs that provide benefits for work-related injuries or illness.
- **Public Health Risks** for public health activities. These activities generally include the following:
- to prevent or control disease, injury, or disability;
- to report births and deaths;
- to report child abuse or neglect;
- to report reactions to medications or problems with products;
- to notify people of recalls of products they may be using;
- to notify a person who may have been exposed to a disease or may be at risk for contracting or spreading a disease or condition;
- to notify the appropriate government authority if the Plan Sponsor believes that a patient has been the victim of abuse, neglect, or domestic violence. The Plan Sponsor will only make this disclosure if you agree, or when required or authorized by law.
- **Health Oversight Activities** for activities authorized by law. For example, audits, investigations, inspections, and licensure.
- Lawsuits and Disputes in response to a court or administrative order, including a response to a lawful subpoena, discovery request, or other process by someone involved in a legal dispute, but only if efforts have been made to tell you about the request or to obtain a court or administrative order protecting the information requested.

Law Enforcement if asked to do so by a law-enforcement official—

- in response to a court order, subpoena, warrant, summons, or similar process;
- to identify or locate a suspect, fugitive, material witness, or missing person;
- about the victim of a crime if, under certain limited circumstances, the Plan Sponsor is unable to obtain the victim's agreement;
- about a death that the Plan Sponsor believes may be the result of criminal conduct; and
- about criminal conduct.
- **Coroners, Medical Examiners, and Funeral Directors**, for example, to identify a deceased person or determine the cause of death. The Plan Sponsor may also release medical information about patients to funeral directors, as necessary to carry out their duties.
- **National Security and Intelligence Activities** to authorized federal officials for intelligence, counterintelligence, and other national security activities authorized by law.
- **Inmates** of a correctional institution or in the custody of a law-enforcement official, to the correctional institution or law-enforcement official if necessary for the institution to provide you with health care; to protect your health and safety or the health and safety of others; or for the safety and security of the correctional institution.
- **Research**, to researchers when the individual identifiers have been removed; or when an institutional review board or privacy board has reviewed the research proposal and established protocols to ensure the privacy of the requested information, and approves the research.

Required Disclosures

The Plan Sponsor is required to disclose your PHI to:

Government Audits to the Secretary of the United States Department of Health and Human Services when the Secretary is investigating or determining our compliance with the HIPAA privacy rule.

Disclosures to You on your request, the portion of your PHI that contains medical records, billing records, and any other records used to make decisions regarding your health care benefits.

Other Disclosures

The Plan Sponsor may disclose your PHI to:

Personal Representatives authorized by you, or to an individual designated as your personal representative, or attorney-in-fact. You must provide a written notice/authorization and supporting documents such as a power of attorney. The Plan Sponsor does not have to disclose information to a personal representative if the Plan Sponsor has a reasonable belief that you have been, or may be, subjected to domestic violence, abuse, or neglect by such person; or treating such person as your personal representative could endanger you; or in the exercise of professional judgment, it is not in your best interest to treat the person as your personal representative.

Comply with your Authorization. Other uses or disclosures of your PHI not described above will only be made with your written authorization. The Plan Sponsor may deny a request to disclose your psychiatric notes. The Plan Sponsor will not use or disclose your PHI for marketing; or sell your PHI, unless you provide written authorization. You may revoke written authorizations at any time, so long as the revocation is in writing. Once the Plan Sponsor receives your written revocation, it will only be effective for future uses and disclosures. It will not be effective for any information that may have been used or disclosed in reliance upon the written authorization and prior to receiving your written revocation.

Privacy Rights

Right to Inspect and Copy. You have the right to inspect and copy certain PHI that may be used to make decisions about your Plan benefits. If the information you request is maintained electronically, and you request an electronic copy, the Plan Sponsor will provide a copy in the electronic form and format you request, if the information can be readily produced in that form and format; if the information cannot be readily produced in that form and format, the Plan Sponsor will work with you to come to an agreement on form and format or provide you with a paper copy. To inspect and copy your PHI, you must submit your request in writing to the Privacy Officer identified below. The Plan Sponsor may charge a reasonable fee for the costs of copying, mailing, or other supplies associated with your request. The Plan Sponsor may deny your request to inspect and copy in certain very limited circumstances. If you are denied access to your medical information, you may request that the denial be reviewed by submitting a written request to the Privacy Officer identified below.

Right to Amend. If you feel that your PHI is incorrect or incomplete, you may ask the Plan Sponsor to amend the information. You have the right to request an amendment for as long as the information is kept by or for the Plan. To request an amendment, your request must be made in writing and submitted to the Privacy Officer identified below. In addition, you must provide a reason that supports your request. The Plan Sponsor may deny your request for an amendment if it is not in writing or does not include a reason to support the request. In addition, the Plan Sponsor may deny your request if it:

- is not part of the medical information kept by or for the Plan;
- was not created by the Plan, unless the person or entity that created the information is no longer available to make the amendment;
- is not part of the information that you would be permitted to inspect and copy; or
- is already accurate and complete.

If your request is denied, you have the right to file a statement of disagreement with the Plan Sponsor and any future disclosures of the disputed information will include your statement.

- Right to an Accounting of Disclosures. You have the right to request an "accounting" of certain disclosures of your PHI. The accounting will not include (1) disclosures for purposes of treatment, payment, or health care operations; (2) disclosures made to you; (3) disclosures made pursuant to your authorization; (4) disclosures made to friends or family in your presence or because of an emergency; (5) disclosures for national security purposes; and (6) disclosures incidental to otherwise permissible disclosures. To request this list or accounting of disclosures, you must submit your request in writing to the Privacy Officer identified below. Your request must state the time period you want the accounting to cover, which may not be longer than six years before the date of the request. Your request should indicate in what form you want the list (for example, paper or electronic). The first list you request within a 12-month period will be provided free of charge. For additional lists, the Plan Sponsor may charge you for the costs of providing the list. The Plan Sponsor will notify you of the cost involved and you may choose to withdraw or modify your request at that time before any costs are incurred.
- Right to Request Restrictions or limitation on your PHI that the Plan Sponsor uses or discloses for treatment, payment, or health care operations. You also have the right to request a limit on your PHI that is disclosed to someone who is involved in your care or the payment for your care, such as a family member or friend. Except as provided in the next paragraph, the Plan Sponsor is not required to agree to your request. However, the Plan Sponsor will comply with any restriction request if (1) except as otherwise required by law, the disclosure is to a health plan for purposes of carrying out payment or health care operations (and is not for purposes of carrying out treatment); and (2) the PHI pertains solely to a health care item or service for which the health care provider involved has been paid in full by you or another person. To request restrictions, you must make your request in writing to the Privacy Officer identified below. In your request, you must state (1) what information you want to limit; (2) whether you want to limit our use, disclosure, or both; and (3) to whom you want the limits to apply—for example, disclosures to your spouse. If the Plan Sponsor honors the request, it will stay in place until you revoke it or the Plan Sponsor notifies you.
- **Right to Request Confidential Communications** about medical matters in a certain way or at a certain location. For example, you can ask that the Plan Sponsor only contact you at work or by mail. Your request must be made in writing to the Privacy Officer identified below and specify how or where you wish to be contacted. The Plan Sponsor will accommodate all reasonable requests.
- **Right to Be Notified of a Breach** in the event that the Plan Sponsor (or a Business Associate) discover a breach of unsecured PHI.
- **Right to a Paper Copy of This Notice.** You may request a paper copy of this notice at any time from the Privacy Officer identified below, even if you have agreed to receive this notice electronically

Complaints

If you believe that your privacy rights have been violated, you may file a complaint with the Plan or with the Office for Civil Rights of the United States Department of Health and Human Services. To file a complaint with the Plan, contact:

BONNER COUNTY Privacy Officer 1500 Highway 2, Suite 306 Sandpoint, ID 83684 208-265-1456

All complaints must be submitted in writing. You will not be penalized, or in any other way retaliated against, for filing a complaint with the Office for Civil Rights or with us.

NEWBORNS' AND MOTHER'S HEALTH PROTECTION ACT

Group health plans and health insurance issuers generally may not, under federal law, restrict benefits for any hospital length of stay in connection with childbirth for the mother or newborn child to less than 48 hours following a vaginal delivery, or less than 96 hours following a cesarean section. However, federal law generally does not prohibit the mother's or newborn's attending provider, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours (or 96 hours as applicable). In any case, plans and issuers may not, under federal law, require that a provider obtain authorization from the plan or the insurance issuer for prescribing a length of stay not in excess of 48 hours (or 96 hours).

WOMEN'S HEALTH AND CANCER RIGHTS ACT

Enrollment Notice

If you have had or are going to have a mastectomy, you may be entitled to certain benefits under the Women's Health and Cancer Rights Act of 1998 (WHCRA). For individuals receiving mastectomy-related benefits, coverage will be provided in a manner determined in consultation with the attending physician and the patient, for:

- All stages of reconstruction of the breast on which the mastectomy was performed;
- Surgery and reconstruction of the other breast to produce a symmetrical appearance;
- Prostheses; and
- Treatment of physical complications of the mastectomy, including lymphedema.

These benefits will be provided subject to the same deductibles and coinsurance applicable to other medical and surgical benefits provided under this plan. Therefore, the following deductibles and coinsurance apply: Please see plan SBCs for deductible/coinsurance amounts. If you would like more information on WHCRA benefits, contact your HR administrator.

WHAT IS COBRA CONTINUATION COVERAGE?

COBRA continuation coverage is a continuation of Plan coverage when it would otherwise end because of a life event. This is also called a "qualifying event." After a qualifying event, COBRA continuation coverage must be offered to each person who is a "qualified beneficiary." You, your spouse, and your dependent children could become qualified beneficiaries if coverage under the Plan is lost because of the qualifying event. Under the Plan, qualified beneficiaries who elect COBRA continuation coverage must pay for COBRA continuation coverage.

Please speak with your HR Contact or Pacific Source Administrators for more information on your COBRA Rights and Qualifying Events.

HIPAA SPECIAL ENROLLMENT NOTICE

This notice is being provided to ensure that you understand your right to apply for group health insurance coverage. You should read this notice even if you plan to waive coverage at this time.

Loss of Other Coverage

If you are declining coverage for yourself or your dependents (including your spouse) because of other health insurance or group health plan coverage, you may be able to enroll yourself and your dependents in this plan if you or your dependents lose eligibility for that other coverage (or if the employer stops contributing toward your or your dependents' other coverage). However, you must request enrollment within 30 days after your or your dependents' other coverage ends (or after the employer stops contributing toward the other coverage).

<u>Example</u>: You waived coverage because you were covered under a plan offered by your spouse's employer. Your spouse terminates his employment. If you notify your employer within 30 days of the date coverage ends, you and your eligible dependents may apply for coverage under our health plan.

Marriage, Birth or Adoption

If you have a new dependent as a result of a marriage, birth, adoption or placement for adoption, you may be able to enroll yourself and your dependents. However, you must request enrollment within 30 days after the marriage, birth or placement for adoption.

<u>Example</u>: When you were hired by us, you were single and chose not to elect health insurance benefits. One year later, you marry. You and your eligible dependents are entitled to enroll in this group health plan. However, you must apply within 30 days from the date of your marriage.

Medicaid or CHIP

If you or your dependents lose eligibility for coverage under Medicaid or the Children's Health Insurance Program (CHIP) or become eligible for a premium assistance subsidy under Medicaid or CHIP, you may be able to enroll yourself and your dependents. You must request enrollment within 60 days of the loss of Medicaid or CHIP coverage or the determination of eligibility for a premium assistance subsidy. Example: When you were hired by us, your children received health coverage under CHIP and you did not enroll them in our health plan. Because of changes in your income, your children are no longer eligible for CHIP coverage. You may enroll them in this group health plan if you apply within 60 days of the date of their loss of CHIP coverage.

For More Information or Assistance

To request special enrollment or obtain more information, please contact HR.

Premium Assistance Under Medicaid and the Children's Health Insurance Program (CHIP)

If you or your children are eligible for Medicaid or CHIP and you're eligible for health coverage from your employer, your state may have a premium assistance program that can help pay for coverage, using funds from their Medicaid or CHIP programs. If you or your children aren't eligible for Medicaid or CHIP, you won't be eligible for these premium assistance programs but you may be able to buy individual insurance coverage through the Health Insurance Marketplace. For more information, visit www.healthcare.gov.

If you or your dependents are already enrolled in Medicaid or CHIP and you live in a State listed below, contact your State Medicaid or CHIP office to find out if premium assistance is available.

If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, contact your State Medicaid or CHIP office or dial **1-877-KIDS NOW** or **www.insurekidsnow.gov** to find out how to apply. If you qualify, ask your state if it has a program that might help you pay the premiums for an employer-sponsored plan.

If you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employer plan, your employer must allow you to enroll in your employer plan if you aren't already enrolled. This is called a "special enrollment" opportunity, and **you must request coverage within 60 days of being determined eligible for premium assistance**. If you have questions about enrolling in your employer plan, contact the Department of Labor at **www.askebsa.dol.gov** or call **1-866-444-EBSA (3272)**.

If you live in one of the following states, you may be eligible for assistance paying your employer health plan premiums. The following list of states is current as of July 31, 2016. Contact your State for more information on eligibility –

ALABAMA – Medicaid	FLORIDA – Medicaid
Website: http://myalhipp.com/ Phone: 1-855-692-5447	Website: http://flmedicaidtplrecovery.com/hipp/ Phone: 1-877-357-3268
ALASKA – Medicaid	GEORGIA – Medicaid
The AK Health Insurance Premium Payment Program	Website: http://dch.georgia.gov/medicaid
Website: http://myakhipp.com/ Phone: 1-866-251-4861	- Click on Health Insurance Premium Payment (HIPP)
Email: <u>CustomerService@MyAKHIPP.com</u> Medicaid Eligibility: http://dhss.alaska.gov/dpa/Pages/medicaid/default.aspx	Phone: 404-656-4507
ity: http://dnss.alaska.gov/dpa/Pages/medicald/default.aspx	
ARKANSAS – Medicaid	INDIANA – Medicaid
Website: http://myarhipp.com/	Healthy Indiana Plan for low-income adults 19-64
Phone: 1-855-MyARHIPP (855-692-7447)	Website: http://www.hip.in.gov
	Phone: 1-877-438-4479
	All other Medicaid
	Website: http://www.indianamedicaid.com
	Phone 1-800-403-0864
COLORADO – Medicaid	IOWA – Medicaid
Medicaid Website: http://www.colorado.gov/hcpf	Website: http://www.dhs.state.ia.us/hipp/ Phone: 1-888- 346-9562
Medicaid Customer Contact Center: 1-800-221-3943	

KANSAS – Medicaid	NEVADA – Medicaid
Website: http://www.kdheks.gov/hcf/ Phone: 1-785-296-3512	Medicaid Website: http://dwss.nv.gov/ Medicaid Phone: 1-800-992-0900
KENTUCKY – Medicaid	NEW HAMPSHIRE – Medicaid
Website: http://chfs.ky.gov/dms/default.htm	Website: http://www.dhhs.nh.gov/oii/documents/ hippapp.pdf Phone: 603-271-5218
Phone: 1-800-635-2570	<u>тпррарр.рш</u> 1 поне. 003-2/1-5210
LOUISIANA – Medicaid	NEW JERSEY – Medicaid and CHIP
Website: http://dhh.louisiana.gov/index.cfm/subhome/1/n/331	Medicaid Website: http://www.state.nj.us/humanservices/dmahs/clients/medicaid/
Phone: 1-888-695-2447	Medicaid Phone: 609-631-2392
2 Holle: 1 600 69) 244)	CHIP Website: http://www.njfamilycare.org/index.html
	CHIP Phone: 1-800-701-0710
MAINE – Medicaid	NEW YORK – Medicaid
Website: http://www.maine.gov/dhhs/ofi/public- assistance/ index.html	Website: http://www.nyhealth.gov/health_care/medicaid/ Phone: 1-800-541-2831
Phone: 1-800-442-6003	
TTY: Maine relay 711	
MASSACHUSETTS – Medicaid and CHIP	NORTH CAROLINA – Medicaid
Website: http://www.mass.gov/MassHealth	Website: http://www.ncdhhs.gov/dma
Phone: 1-800-462-1120	Phone: 919-855-4100
MINNESOTA – Medicaid	NORTH DAKOTA – Medicaid
Website: http://mn.gov/dhs/ma/ Phone: 1-800-657-3739	Website: http://www.nd.gov/dhs/services/medicalserv/medicaid/Phone: 1-844-854-4825
MISSOURI – Medicaid	OKLAHOMA – Medicaid and CHIP
Website: http://www.dss.mo.gov/mhd/participants/pages/	Website: http://www.insureoklahoma.org
<u>hipp.ht m</u>	Phone: 1-888-365-3742
Phone: 573-751-2005	3 3 3 1 1
MONTANA – Medicaid	OREGON – Medicaid
Website: http://dphhs.mt.gov/ MontanaHealthcarePrograms/HIP P	Website: http://www.oregonhealthykids.gov http://www.hijossaludablesoregon.gov
Phone: 1-800-694-3084	Phone: 1-800-699-9075
NEBRASKA – Medicaid	PENNSYLVANIA – Medicaid
Website: http://dhhs.ne.gov/Children_Family_Services/ AccessNe_braska/Pages/accessnebraska_index.aspx	Website: http://www.dhs.pa.gov/hipp
Phone: 1-855-632-7633	Phone: 1-800-692-7462

RHODE ISLAND – Medicaid	VIRGINIA – Medicaid and CHIP
Website: http://www.eohhs.ri.gov/Phone: 401-462-5300	Medicaid Website: http://www.coverva.org/ programs premium assistance, cfm Medicaid Phone: 1-800-432-5924 CHIP Website: http://www.coverva.org/ programs premium assistance, cfm
SOUTH CAROLINA AAA direid	CHIP Phone: 1-855-242-8282
SOUTH CAROLINA – Medicaid	WASHINGTON – Medicaid
Website: http://www.scdhhs.gov	Website: http://www.hca.wa.gov/medicaid/premiumpymt/
DL ana. 2000 -	pages/ index.aspx
Phone: 1-888-549-0820	Phone: 1-800-562-3022 ext. 15473
SOUTH DAKOTA - Medicaid	WEST VIRGINIA – Medicaid
Website: http://dss.sd.gov	Website: http://www.dhhr.wv.gov/bms/Medicaid%
	<u>20Expansion/</u> <u>Pages/default.aspx</u>
Phone: 1-888-828-0059	Phone: 1-877-598-5820, HMS Third Party Liability
TEXAS – Medicaid	WISCONSIN – Medicaid and CHIP
Website: http://gethipptexas.com/ Phone: 1-800-440-0493	Website: https://www.dhs.wisconsin.gov/publications/pi/pi0095.pdf
	Phone: 1-800-362-3002
UTAH – Medicaid and CHIP	WYOMING – Medicaid
Website:	Website: https://wyequalitycare.acs-inc.com/ Phone: 307-
Medicaid: http://health.utah.gov/medicaid	777-7531
CHIP: http://health.utah.gov/chip	
Phone: 1-877-543-7669	
VERMONT– Medicaid	
Website: http://www.greenmountaincare.org/ Phone: 1-800-250-8427	

To see if any other states have added a premium assistance program since July 31, 2016, or for more information on special enrollment rights, contact either:

U.S. Department of Labor

Employee Benefits Security Administration www.dol.gov/ebsa 1-866-444-EBSA (3272)

Paperwork Reduction Act Statement

OMB Control Number 1210-0137

U.S. Department of Health and Human Services

Centers for Medicare & Medicaid Services

www.cms.hhs.gov

1-877-267-2323, Menu Option 4, Ext. 61565

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would

	Share the cost for control This is only a summe customer service tear deductible, provider, or request a copy.	share the cost for covered health care services. NOTE: Information This is only a summary. For more information about your coverage, customer service team at 1-888-246-1370. For general definitions of cadductible, provider, or other underlined terms see the Glossary. You request a copy.	share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, please contact the PacificSource customer service team at 1-888-246-1370. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.dol.gov/ebsa/healthreform or call 1-888-246-1370 to request a copy.
Import	Important Questions	Answers	Why This Matters:
What is the deductible?	What is the overall <u>deductible</u> ؟	All providers: \$1,500 individual/\$3,000 family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u>
Are there se before you redeductible?	Are there services covered before you meet your deductibl <u>e</u> ?	Yes. In-network: <u>preventive care;</u> office visits; <u>Urgent care.</u> <u>Prescription drug coverage</u> for Tier 1 drugs.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are the for spe	Are there other <u>deductibles</u> for specific services?	Yes. \$250 prescription drug deductible	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is limit fo	What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	All <u>providers</u> : \$6,250 individual/\$12,500 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-ocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is out-of-	What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit.</u>
Will yo a <u>netw</u>	Will you pay less if you use a <u>network provider</u> ?	Yes. See http://providerdirectory.PacificSource.com/?nan=Voyager or call 1-888-246-1370 for a list of network . Please refer to your member id card for the name of your network.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you see a s	Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

1 of 6

All copayn	All copayment and coinsurance costs shown in this chart		are after your deductible has been met, if a deductible applies.	pplies.
Common Medical Event	Services You May Need	What Yo In-Network Providers (You will pay the least)	What You Will Pay srs Out-of-Network Providers (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	\$30 <u>copayment</u> /visit, deductible does not apply.		Copayment applies to in-network office visit only. Other office or clinic services,
If you visit a	<u>Specialist</u> visit	\$45 <u>copayment</u> /visit, <u>deductible</u> does not apply.	Deductible then	deductible then 20% coinsurance. Telemedicine In-network: \$10 copayment/visit, deductible does not apply.
provider's office or clinic	Preventive care/screening/ immunization	No charge, <u>deductible</u> does not apply		Preventive Physicals: 13 visits ages 0-36 months, annually ages 3 and older. Well Woman Visits: annually. You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.
If you have a	<u>Diagnostic test</u> (x-ray, blood work)	Deductible then	Deductible then	None
test	Imaging (CT/PET scans, MRIs)	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Preauthorization is required.
If you need drugs to treat your illness or condition	Tier one drugs	Re 30 day supply: \$15 <u>copayment</u> /pre 60 day supply: \$30 <u>copayment</u> /pre 90 day supply: \$45 <u>copayment</u> /pre Mail: \$45 <u>copayment</u> /pre	Retail: 30 day supply: \$15 <u>copayment</u> /prescription, <u>deductible</u> does not apply 60 day supply: \$30 <u>copayment</u> /prescription, <u>deductible</u> does not apply 90 day supply: \$45 <u>copayment</u> /prescription, <u>deductible</u> does not apply Mail: \$45 <u>copayment</u> /prescription, <u>deductible</u> does not apply	Prescription benefit includes certain outpatient drugs as a <u>preventive</u> benefit at no charge, <u>deductible</u> does not apply.
More information about prescription	Tier two drugs	Retail: 30 day supply: <u>Deductible</u> 60 day supply: <u>Deductible</u> the 90 day supply: <u>Deductible</u> the Mail: <u>Deductible</u> then \$9	Retail: 30 day supply: <u>Deductible</u> then \$30 <u>copayment</u> /prescription 60 day supply: <u>Deductible</u> then \$60 <u>copayment</u> /prescription 90 day supply: <u>Deductible</u> then \$90 <u>copayment</u> /prescription Mail: <u>Deductible</u> then \$90 <u>copayment</u> /prescription	Retail and mail are limited to a 90 day supply.
is available at http://PacificSource.com/dru	Tier three drugs	Retail: 30 day supply: <u>Deductible</u> then \$45 <u>copay</u> 60 day supply: <u>Deductible</u> then \$90 <u>copaymer</u> 90 day supply: <u>Deductible</u> then \$135 <u>copaymer</u> Mail: <u>Deductible</u> then \$135 <u>copayment</u> /prescription	Retail: 30 day supply: <u>Deductible</u> then \$45 <u>copayment</u> /prescription 60 day supply: <u>Deductible</u> then \$90 <u>copayment</u> /prescription 90 day supply: <u>Deductible</u> then \$135 <u>copayment</u> /prescription lail: <u>Deductible</u> then \$135 <u>copayment</u> /prescription	drugs. Specialty drugs are limited to 30 day supply.
	Specialty drugs	Deductible then \$200	Deductible then \$200 copayment/prescription	

	None	Copayment waived if admitted.	Limited to nearest facility able to treat condition. Air covered if ground medically or physically inappropriate. Out-of-network air based on 200 percent of Medicare allowance.	None	Limited to semi-private room unless intensive or coronary care units, medically necessary isolation, or hospital only has private rooms. <u>Preauthorization</u> is required for some inpatient services.	None	None	Preauthorization is required for some inpatient services.
noth oldiford	40% <u>coinsurance</u>	Deductible then \$100 copayment/visit, plus 20% coinsurance	Deductible then 20% <u>coinsurance</u>	<u>Deductible</u> then 40% <u>coinsurance</u>	<u>Deductible</u> then 40% <u>coinsurance</u>			Deductible then 40% coinsurance
Ambulatory surgery center: Deductible then	10% <u>coinsurance</u> Other facilities: <u>Deductible</u> then 20% <u>coinsurance</u>	Deductible then \$100 copaym	Deductible then	\$30 <u>copayment</u> /visit, plus 20% <u>coinsurance,</u> <u>deductible</u> does not apply.	<u>Deductible</u> then 20% <u>coinsurance</u>		Outpatient therapy visits: \$30 copayment/visit, deductible does not apply Other outpatient services: Deductible then 20% coinsurance	Deductible then 20% <u>coinsurance</u>
Facility fee (e.g., ambulatory surgery center)	Physician/surgeon fees	Emergency room care	Emergency medical transportation	<u>Urgent care</u>	Facility fee (e.g., hospital room)	Physician/surgeon fees	Outpatient services	Inpatient services
If you have	outpatient surgery		If you need immediate medical		If you have a hospital stay		If you need mental health,	behavioral health, or substance abuse services

	Office visits			Cost sharing does not apply to certain preventive services. Practitioner delivery and hospital visits are covered under preparal and postnatal care. Eacility is
If you are pregnant	Childbirth/delivery professional services	<u>Deductible</u> then 20% <u>coinsurance</u>	<u>Deductible</u> then 40% <u>coinsurance</u>	covered the same as any other hospital services. Elective abortions are excluded, except to save the life of the
	Childbirth/delivery facility services			mother. This benefit only covers the enrolled employee and the enrolled spouse. Maternity coverage for dependent children is only covered if there is a complication.
	Home health care			Limited to 130 visits/year. No coverage for private duty nursing or custodial care.
	Rehabilitation services			Inpatient: Preauthorization is required. Covered up to 30 days/year, additional days may be preauthorized. Outpatient: Covered up to 30 visits/year, additional visits may be preauthorized. No coverage for recreation therapy.
If you need help recovering or have other special health	Habilitation services	<u>Deductible</u> then 20% <u>coinsurance</u>	Deductible then 40% coinsurance	Inpatient: <u>Preauthorization</u> is required. Covered up to 30 days/year, additional days may be <u>preauthorized</u> . Outpatient: Covered up to 30 visits/year, additional visits may be <u>preauthorized</u> . No coverage for recreation therapy.
needs	Skilled nursing care			Limited to 60 days/year. No coverage for custodial care.
	Durable medical equipment			Limited to: one pair/year for glasses or contact lenses; one breast pump/pregnancy; \$150/year for wig for chemotherapy or radiation therapy. Preauthorization is required if equipment is over \$1,000 and for power-assisted wheelchairs.
	Hospice services	No charge, deductible does not apply		No coverage for private duty nursing.

44

Excluded Services & Other Covered Services:

 Services Your plan Generally Does NOT Cover (Check you Abortion (except in cases to save the life of the Demother) Bariatric surgery Cosmetic surgery Custodial care Lor trand Other Covered Services (Limitations may apply to these second in the Covered Services) 	your policy or plan document for more information and a list of any other excluded services.)	Dental care (Adult) • Private-duty nursing	Dental check-up (Child)	Hearing aids • Routine foot care, other than with diabetes mellitus	Infertility treatment • Weight loss programs	Long-term care Non-emergency care when	traveling outside the U.S.	Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)
 Services Your plan Generally Does NOT Cover (Che Abortion (except in cases to save the life of the mother) Bariatric surgery Cosmetic surgery Custodial care Other Covered Services (Limitations may apply to the covered Services)	ck your	Denta	Denta	Heari	Infert	• Long	trave	hese ser
	Services Your plan Generally Does NOT Cover (Che	 Abortion (except in cases to save the life of the 	mother)	 Bariatric surgery 	 Cosmetic surgery 	Custodial care		Other Covered Services (Limitations may apply to the

ഗ

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about is: Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Chiropractic care

Acupuncture

45

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also contact: The PacificSource Customer Service team at 1-888-246-1370 or the Idaho Department of Insurance at 1-800-721-3272 or at doi:idaho.gov

Does this plan provide Minimum Essential Coverage? Yes.

CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit. Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid,

Does this plan meet Minimum Value Standards? Yes.

If your <u>plan</u> doesn't meet the Minimum Value Standards, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace.</u>

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-281-1464.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



amounts (<u>deductibles, copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)	a Baby -natal care and a ยญ)	Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)	2 Diabetes k care of a well- tion)	Mia's Simple Fracture (in-network emergency room visit and follow up care)	tcture isit and follow up
 The plan's overall deductible Specialist copayment Hospital (facility) coinsurance Other coinsurance 	\$1,500 \$45 \$20%	 The plan's overall deductible Specialist copayment Hospital (facility) coinsurance Other copayment 	\$1,500 \$45 \$20% \$30	 The <u>plan's</u> overall <u>deductible</u> Specialist copayment Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	\$1,500 \$45 \$20% 20%
This EXAMPLE event includes services like: Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)	services like: :are) Services ces d blood work)	This EXAMPLE event includes services like: Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)	services like: its (including cose meter)	This EXAMPLE event includes services like: Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)	services like: medical supplies) :hes) herapy)
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:	;k	In this example, Joe would pay:	2	In this example, Mia would pay:	
Cost Sharing	jg	Cost Sharing	ß	Cost Sharing	
<u>Deductibles</u>	\$1,500	<u>Deductibles</u>	\$1,200	Deductibles	\$1,500
Copayments	\$10	Copayments	\$800	Copayments	\$200
Coinsurance	\$2,200	Coinsurance	\$0	Coinsurance	\$200
What isn't covered	ered	What isn't covered	ered	What isn't covered	pa
Limits or exclusions	\$60	Limits or exclusions	\$20	Limits or exclusions	\$0
The total Peg would pay is	\$3,770	The total Joe would pay is	\$2,020	The total Mia would pay is	\$1,900



This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, please contact the PacificSource share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.dol.gov/ebsa/healthreform or call 1-888-246-1370 to customer service team at 1-888-246-1370. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment request a copy.

	Important Questions	Answers	Why This Matters:
	What is the overall <mark>deductible</mark> ?	All <u>providers</u> : \$2,000 individual	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay.
~ ~ •	Are there services covered before you meet your <mark>deductible</mark> ?	Yes. <u>Preventive care</u>	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
47	Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
	What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	All <u>providers</u> : \$5,000 individual	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services.
	What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit.</u>
_ 0	Will you pay less if you use a <u>network provider</u> ?	Yes. See http://providerdirectory.PacificSource.com/?nan=Voyager or call 1-888-246-1370 for a list of network . Please refer to your member id card for the name of your network.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
_ 0,	Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

1 of 6

Surgery Dhysician/surgen fees Other facilities:

			What Yo	What You Will Pay	, , , , , , , , , , , , , , , , , , ,
	Medical Event	Services You May Need	In-Network Providers (You will pay the least)	Out-of-Network Providers (You will pay the most)	Important Information
		Emergency room care	<u>Deductible</u> then	Deductible then 20% coinsurance	None.
	If you need immediate medical attention	Emergency medical transportation	Deductible then	Deductible then 20% coinsurance	Limited to nearest facility able to treat condition. Air covered if ground medically or physically inappropriate. Out-of-network air based on 200 percent of Medicare allowance.
		<u>Urgent care</u>	Deductible then 20% coinsurance	Deductible then 40% coinsurance	None
	lf you have a hospital stay	Facility fee (e.g., hospital room)	<u>Deductible</u> then 20% <u>coinsurance</u>	<u>Deductible</u> then 40% <u>coinsurance</u>	Limited to semi-private room unless intensive or coronary care units, medically necessary isolation, or hospital only has private rooms. Preauthorization is required for some inpatient services.
49		Physician/surgeon fees			None
	If you need mental health,	Outpatient services			None
	health, or substance abuse services	Inpatient services	<u>Deductible</u> then 20% <u>coinsurance</u>	<u>Deductible</u> then 40% <u>coinsurance</u>	Preauthorization is required for some inpatient services.
		Office visits			Cost sharing does not apply to certain
	6 10 10 10 10 10 10 10 10 10 10 10 10 10	Childbirth/delivery professional services	Dedication then	Dedication	delivery and hospital visits are covered
	pregnant	Childbirth/delivery facility services	20% coinsurance	40% coinsurance	Facility is covered the same as any other hospital services. Elective abortions are excluded, except to save the life of the mother.

50

Excluded Services & Other Covered Services:

Services Your plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Dental care (Adult) Abortion (except in cases to save the life of the mother)
 - Bariatric surgery
- Cosmetic surgery Custodial care

Dental check-up (Child) Infertility treatment Hearing aids

Routine foot care, other than with diabetes mellitus

Weight loss programs

Routine eye care (Adult)

Private-duty nursing

Long-term care Non-emergency care when raveling outside the U.S.

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

Chiropractic care

Acupuncture

51

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies

coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <u>Marketplace</u>. For more information about is: Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596. Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also contact: The PacificSource Customer Service team at 1-888-246-1370 or the Idaho Department of Insurance at 1-800-721-3272 or at doi.idaho.gov.

Does this plan provide Minimum Essential Coverage? Yes.

CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit. Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid,

Does this plan meet Minimum Value Standards? Yes.

f your <u>plan</u> doesn't meet the Minimum Value Standards, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-281-1464.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



amounts (<u>deductibles, copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)	a Baby -natal care and a ery)	Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)	• 2 Diabetes k care of a well- tion)	Mia's Simple Fracture (in-network emergency room visit and follow up care)	acture visit and follow up
 The plan's overall deductible Specialist coinsurance Hospital (facility) coinsurance Other coinsurance 	\$2,000 20% 20% 20% 20%	 The plan's overall deductible Specialist coinsurance Hospital (facility) coinsurance Other coinsurance 	\$2,000 20% ce 20% 20%	 The plan's overall deductible Specialist coinsurance Hospital (facility) coinsurance Other coinsurance 	\$2,000 20% 20% 20% 20%
This EXAMPLE event includes services like: Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)	s services like: care) Services ces nd blood work)	This EXAMPLE event includes services like: Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)	services like: its (including cose meter)	This EXAMPLE event includes services like: Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)	services like: medical supplies) ches) therapy)
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:	ıy:	In this example, Joe would pay:	:/	In this example, Mia would pay:	
Cost Sharing	ng	Cost Sharing	ŋ	Cost Sharing	
<u>Deductibles</u>	\$2,000	<u>Deductibles</u>	\$2,000	<u>Deductibles</u>	\$2,000
Copayments	\$0	Copayments	\$0	Copayments	\$0
Coinsurance	\$2,100	Coinsurance	\$200	Coinsurance	\$200
What isn't covered	vered	What isn't covered	ered	What isn't covered	pe
Limits or exclusions	\$60	Limits or exclusions	\$20	Limits or exclusions	\$0
The total Peg would pay is	\$4,160	The total Joe would pay is	\$2,720	The total Mia would pay is	\$2,200

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, please contact the PacificSource share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.dol.gov/ebsa/healthreform or call 1-888-246-1370 to customer service team at 1-888-246-1370. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	All <u>providers</u> : \$2,800 individual /\$5,200 family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u>
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u>	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	All <u>providers</u> : \$5,000 individual /\$10,000 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit.</u>
Will you pay less if you use a <u>network provider</u> ?	Yes. See http://providergrow.PacificSource.com/?nan=Voyager or call 1-888-246-1370 for a list of network . Please refer to your member id card for the name of your network .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

1 of 6

All copaym	All copayment and coinsurance costs shown in this chart		are after your deductible has been met, if a deductible applies.	e applies.
Common Medical Event	Services You May Need	What You In-Network Providers (You will pay the least)	What You Will Pay iders Out-of-Network Providers least) (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness Specialist visit	<u>Deductible</u> then 20% <u>coinsurance</u>	<u>Deductible</u> then 40% <u>coinsurance</u>	None.
If you visit a health care provider's office or clinic	Preventive care/screening/ immunization	No charge, <u>deductible</u> does not apply	40% <u>coinsurance.</u> <u>deductible</u> does not apply	Preventive Physicals: 13 visits ages 0-36 months, annually ages 3 and older. Well Woman Visits: annually. You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work) Imaging (CT/PET scans, MRIs)	Deductible then 20% coinsurance	Deductible then 40% coinsurance	None Preauthorization is required.
If you need drugs to treat your illness or	Tier one drugs			Prescription benefit includes certain outpatient drugs as a preventive benefit at
More information about	Tier two drugs	Retail a <u>Deductible</u> then 3	Retail and Mail: <u>Deductible</u> then 20% <u>coinsurance</u>	Retail and mail are limited to a 90 day supply.
drug coverage is available at	Tier three drugs			Preauthorization is required for certain drugs.
http:///PacificSource.com/drug-list/PDL/	Specialty drugs	Deductible then \$200	Deductible then \$200 copayment/prescription	Specialty drugs are limited to 30 day supply.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center) Physician/surgeon fees	Ambulatory surgery center: Deductible then 10% coinsurance Other facilities:	<u>Deductible</u> then 40% <u>coinsurance</u>	None
	.	<u>Deductible</u> men 20% <u>coinsurance</u>		

भ <u>। copayment</u> and <u>coinsuranc</u>		Medical Event Services You May Need	Emergency room care	if you need immediate medical medical attention	<u>Urgent care</u>	If you have a Facility fee (e.g., hospital room)	Physician/surgeon fees	mental health, behavioral health, or substance abuse services		Office visits	Childbirth/delivery professional services	pregnant Childbirth/delivery facility services
costs shown in thi		/ Need	<u>sare</u>	al transportation		ospital room)	fees	φ			professional	facility services
is chart are after your <mark>deducti</mark>	What Yo	In-Network Providers (You will pay the least)	Deductible then	<u>Deductible</u> then	<u>Deductible</u> then 20% <u>coinsurance</u>	Deductible then 20% coinsurance		Dedictible then	<u>Deductible</u> then 20% <u>coinsurance</u>		Deductible then 20% coinsurance	
All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.	What You Will Pay	Out-of-Network Providers (You will pay the most)	<u>Deductible</u> then 20% <u>coinsurance</u>	Deductible then 20% coinsurance	Deductible then 40% coinsurance	Deductible then 40% coinsurance		Deductible then	40% coinsurance			Deductible then 40% coinsurance
e applies.	Limitations Expensions & Other	Important Information	None.	Limited to nearest facility able to treat condition. Air covered if ground medically or physically inappropriate. Out-of-network air based on 200 percent of Medicare allowance.	None	Limited to semi-private room unless intensive or coronary care units, medically necessary isolation, or hospital only has private rooms. Preauthorization is required for some inpatient services.	None	None	Preauthorization is required for some inpatient services.	Cost sharing does not apply to certain preventive services. Practitioner delivery	and hospital visits are covered under prenatal and postnatal care. Facility is	covered the same as any other hospital services. Elective abortions are excluded, except to save the life of the mother. This benefit only covers the enrolled employee and the enrolled spouse. Maternity coverage for dependent children is only covered if there is a complication.

3 of 6

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.	ervices You May Need In-Network Providers (You will pay the least) (You will pay the least)	ome health care private duty nursing or custodial care.	Inpatient: Preauthorization is required. Covered up to 30 days/year, additional days may be preauthorized. Outpatient: Covered up to 30 visits/year, additional visits may be preauthorized. No coverage for recreation therapy.	abilitation services Deductible then 20% coinsurance Deductible then 20% coinsurance Deductible then 20% coinsurance Deductible then 20% coinsurance 40% coinsurance	killed nursing care private duty nursing or custodial care.	Limited to: one pair/year for glasses or contact lenses; one breast pump/pregnancy; \$150/year for wig for chemotherapy or radiation therapy. Preauthorization is required if equipment is over \$1,000 and for power-assisted wheelchairs.	ospice services No coverage for private duty nursing.	hildren's eye exam	hildren's glasses	hildren's dental check-up
ent and coinsurance costs	Services You May Need	Home health care	Rehabilitation services	Habilitation services	Skilled nursing care	Durable medical equipment	Hospice services	Children's eye exam	Children's glasses	Children's dental check-up
All copaym	Common Medical Event			If you need help recovering or have other special health needs				If voiir child	needs dental or	eye care

Excluded Services & Other Covered Services:

Services Your <u>plan</u> Generally Does NOT Cover (Check your policy or <u>plan</u> document for more information and a list of any other excluded services.)	 Private-duty nursing 	 Routine eye care (Adult) 	 Routine foot care, other than with diabetes mellitus 	 Weight loss programs 		
heck your policy or <u>plan</u> document for more inf	 Dental care (Adult) 	 Dental check-up (Child) 	 Hearing aids 	 Infertility treatment 	 Long-term care Non-emergency care when 	traveling outside the U.S.
Services Your plan Generally Does NOT Cover (Cl	 Abortion (except in cases to save the life of the 	mother)	 Bariatric surgery 	 Cosmetic surgery 	Custodial care	

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

Chiropractic care

Acupuncture

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies	is: Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other	coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about	the <u>Marketplace, visit www.HealthCare.gov</u> or call 1-800-318-2596.
Your Rights to Continue C	is: Department of Health and	coverage options may be av	the Marketplace, visit www.

σ provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also contact: The PacificSource Customer Service team at 1-888-246-1370 or the Idaho Department of Insurance at 1-800-721-3272 or at doi.idaho.gov

Does this plan provide Minimum Essential Coverage? Yes.

57

CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit. Minimum Essential Coverage generally includes <u>plans, health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid,

Does this plan meet Minimum Value Standards? Yes.

if your <u>plan</u> doesn't meet the Minimum Value Standards, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-281-1464

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



amounts (<u>deductibles, copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

aga.	racture visit and follow up	e \$2,800 20% ce 20% 20%	s services like: y medical supplies) tches) therapy)	\$2,800	ï	Q	\$2,800	\$0	\$0	ered	\$0	\$2,800	
oi costs you mignt pay under umerent neam <u>prans</u> . Prease note mese coverage exampres are based on sen-omy coverage.	Mia's Simple Fracture (in-network emergency room visit and follow up care)	 The plan's overall deductible Specialist coinsurance Hospital (facility) coinsurance Other coinsurance 	This EXAMPLE event includes services like: Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)	Total Example Cost	In this example, Mia would pay:	Cost Sharing	Deductibles	Copayments	Coinsurance	What isn't covered	Limits or exclusions	The total Mia would pay is	
ilote tilese coverage examp	Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)	uctible \$2,800 20% surance 20% 20%	ludes services like: ce visits (including rk) t (glucose meter)	\$5,600	ld pay:	Cost Sharing	\$2,800	\$0	\$200	What isn't covered	\$20	y is \$3,320	
illeren neann <mark>pians</mark> . riease	Managing Joe's (a year of routine in-n controlled	 The plan's overall deductible Specialist coinsurance Hospital (facility) coinsurance Other coinsurance 	This EXAMPLE event includes services like: Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)	Total Example Cost	In this example, Joe would pay:	Cost	<u>Deductibles</u>	Copayments	Coinsurance	What isr	Limits or exclusions	The total Joe would pay is	
you mignt pay under d	a Baby ⊷natal care and a ery)	e \$2,800 20% ce 20% 20%	s services like: care) Services ces Id blood work)	\$12,700	y:	ng	\$2,800	\$0	\$2,000	rered	\$60	\$4,860	
3800 10	Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)	 The <u>plan's</u> overall <u>deductible</u> Specialist coinsurance Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	This EXAMPLE event includes services like: Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)	Total Example Cost	In this example, Peg would pay:	Cost Sharing	<u>Deductibles</u>	Copayments	Coinsurance	What isn't covered	Limits or exclusions	The total Peg would pay is	

58

Contact Information

	Contact information	T
*		PayneWest Insurance Josh Peterson, Sales Executive
PayneWest	Benefit Contacts	·
INSURANCE		Bre Lassiter, Senior Account Manager (208) 770-3200
A Marsh & McLennan Agency LLC company		blassiter@paynewest.com
OHNER COULT	D 0 .	Benefits Administration
	Bonner County Benefits Administration	(208) 265-1456
mybenefits	Benefits Humanistration	mybenefits@bonnercountyid.gov
PacificSource	Madical C Dharmage	Pacifc Source Health Plans
HEALTH PLANS	Medical & Pharmacy	(888) 246-1370 www.pacifcsource.com
		www.pacnesource.com
_	General & Limited Purpose FSA	Pacifc Source Administrators
PacificSource	Dependent Care FSA	FSA: (800) 422-7038
ADMINISTRATORS	COBRA	COBRA: (877)355-2760
	CODIUI	www.psa.pacifcsource.com
Flores	H.S.A Administration	Flores Associates (800) 532-3327
Better Benefits Experience.	11.3.A Administration	www.flores-associates.com
		Delta Dental of Idaho
△ DELTA DENTAL	Dental	(800) 356-7586
		www.deltadentalid.com
W		Willamette Dental Group
Willamette	Dental	(855) 433-6825
Dental Group		www.willamettedental.com
•		VSP
VSQ.	Vision	(800) 877-7195
Vision care for life		www.vsp.com
	Life / AD&D Long & Short Term Disability	United Heritage
UNITED	Accident	(208) 493-6100
HERITAGE Insurance	Critical Illness	www.unitedheritage.com
		Reliant Behavioral Health
	Employee Againtee as Proces	(866) 750-1327
RRH	Employee Assistance Program (EAP)	www.myrbh.com
Reliant Behavioral Health		WellWorks for You
	Wellness	Tori Bauver
		(610) 249-0038 t.bauver@wellworksforyou.com
		c.bauver & wellworkstoryou.com

This page is intentionally left blank

The information in this Benefit Summary is presented for illustrative purposes and is based on information provided by the employer. The text contained in this Summary was taken from various summary plan descriptions and benefit information. While every effort was taken to accurately report your benefits, discrepancies or errors are always possible. In case of discrepancy between this Benefits Summary and the actual plan documents, the actual plan documents will prevail. All information is confidential, pursuant to the Health Insurance Portability and Accountability Act of 1996. If you have questions about this summary, contact HR.